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Notes and Commentary

 Ananda Lahari of Sri Sankar 2. Bhakti and Sankirtan with Sandilya Sutras 3. Lives of Saints

4. Practice of Brahmacharya 5. Stories from Yogavashistha 6. Sure Ways for Success In

7. Ten Upanishads

Life and God-Realisation

BHAGAVAN AND ALL HIS BHAKTAS

DEDICATED

PREFACE

Stotra Ratna Mala, as the name suggests, is a garland of spiritual hymns. It contains a good selection of very important prayers and hymns relating to Devotion, Viveka, Vairagya Philosophy and the highest truths of the Adwaita Vedanta preached by Sri Sankaracharya of revered memory. Many of the prayers are culled out from his minor works. There are a good number of his writings in both the sections of this book. It contains prayers addressed to various deities and hence is suited to Upasaks of different Devatas. Devotees of all types can find the stotras addressed to their respective Ishta-Devatas. Bhaktas as well as Vedantins can go in for this book with equal interest. It is a boot to all the aspirants in general.

This book will create interest in the minds of aspirants for quick evolution, faith in God in the atheist and supreme joy and bliss for those who study it daily without fail. It will be a guide and a whip to goad one in the spiritual path.

The importance of hymns and prayers can never be over emphasised. Prayer should be the constant and inseparable companion of the aspirant in his spiritual path till he attains the final beatitude or Jivanmukti. Prayer makes.

the mind calm and introspective. Prayer bestows peace. It turns the mind towards God. Prayer awakens the spiritual force in man. It is the master key to open the realms of eternal bliss. It is the expression of the spirit within. Prayer can efficiently help the control of mind. It is the real guide and preceptor.

These prayers and hymns are the utterances of realised seers of the past. Therefore they will surely influence, elevate and inspire the readers. These are the thoughts of devotees and Gnanis in their hour of meditation. Devotees expressed their thoughts at the time of their communion with the Lord and the Gnanis expressed their own experience of Selfrealisation in these words. This Stotra Ratna Mala is a collection of such utterances. who knows even a little of Sanskrit can well appreciate the deep thoughts contained in these prayers. The Vedantic Stotras of Sri Sankara are highly soul elevating. The expressions of Sri Vilwamangal Swamı and Lila Suka who composed the Govinda Damodara Stotram and Sri Krishna Karnamritam are very inspiring. Due to want of space a few selections only have been included here.

Section I contains a collection of good prayers to different deities and they are useful for one and all. Section II contains the gist of the whole Vedanta Philosophy, in the form of Stotras. They are not merely Stotras but Sutras (Aphorisme) as well. Any one who deeply understands these Stotras can practise meditation nicely.

If a spiritual aspirant daily goes through this book once, a portion even if not the whole, he will derive great spiritual benefits. It will help him much in his spiritual progress. It will give him joy, peace and bliss in his spiritual progress. It will give him joy, peace and bliss in his tiring worldly activities. It contains all points for meditation. If the aspirant is able to get by heart all these Stotras he can very easily meditate for 6 hours at a stretch. He should be one with its spirit and real significance. This gives the maximum benefit.

May you all attain the state of Jivanmukti in this very birth by regular prayer, constant Japa, Sankirtan, selfless service, study, reflection and meditation on the Supreme Atma Tattwa! May the blessings of Sri Sankara and other Brahma Vidya Gurus be upon you all!

Ananda Kutir, Rikhikesh, 8th September, 1941

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SECTION I—SAGUNA STOTRAS

CHAPTER I GURU GANESHA VANDANA

GURU VANDANA

के नारायर्ण प्रमभवं विसष्टं .. शक्तिंच तत्पुत्रपराशस्त्र । व्यासं शुक्तं गीडपदं महान्तं शोविन्द् योगीन्द्र मथास्य शिष्यम् ॥

भ्री शंकराचार्यमधास्य पद्मपार्द् च हस्तामलकं च शिष्यम् । तं त्रोटकं वार्तिक कारमन्या नस्म-हूरून्संततमानतोऽस्मि ॥

I prostrate to Lord Narayana, Brahma, Vasishtha, Shakti, his son Parasara, Vyasa, Suka, Goudapada, Govindapada, his disciple Sri Sankaracharya, his disciples Sri Padmapadacharya, Hastamalaka, Totaka, Sureswaracharya, the commentator and all other Brahmavidya Gurus.

> श्रुतिस्मृति पुरायानामालयं करणालयम् । नमामि भगवन्यादं शंकरं लोकशंकरम् ॥

I salute Sri Sankara Bhagavatpada, the bestower of peace and auspiciousness to the world, at large, the ocean of mercy, and the seat of all learning inculcated in Sruti, Smriti and Puranas. 6

रांकरं शंकराचार्यं केशवं बादरायणम् । सूत्रभाष्यकृती बस्दे भगवन्त्री पुनः पुनः ॥

I adore Lord Siva, Lord Vishnu, Badara-yana (Bhagavan Vyas) and Sri Sankaracharya. I again and again prostrate to Sri Yyasa and Sankara who wrote the Sutras (Vedanta) and

the commentaries respectively.

GANESHA PANCHARATNA

मुदाकरान्तर्मादकं सैदाविमुक्तिसाधकम् । कलाधरावर्तमकं विलागि लोकरणकम् ॥ धनायककं नायकं विनाशितेमदैत्यकम् । नता शुभाशुनायकं नमामितं विनायकम् ॥॥॥

1. I salute Lord Vinayaka, the only shelter for helpless devotees, the bestower of happiness to those who bow down to Him, the destroyer of Rakshasas, who has Modaka in His hand, who is ever intent on bestowing liberation to his devotees, who has the moon as his ornament and who protects this world as a mere play.

> नतेतराति भीकरं नवीदिताकैभास्यरम् । नमत्युरादि निर्जरं नताधिकाषदुब्रस्म् ॥ सुरेशरं निर्धाश्वरं गजेश्वरम् गखेश्वरम् । महैश्वरं तमाश्रये परावरं निरन्तरम् ॥२॥

 I always take shelter in the Lord Ganesha, the geratest of the great, the supreme Lord of the Devas, the Lord of wealth, who is shining as the rising sun, who removes all fears of His devotees and who is ever adored by the Devas (gods).

> समस्तलोकशंकरं निरस्तदैत्यकुंतरं । दोतारेदां वां भरे भवकमदरम् ॥

कृपाकरं समावरं मुदाकरं यशस्करं । मनस्करं नमस्कर्तां नमस्करोमि भारकरम् ॥३॥

3. I prostrate before the elephant-headed Lord Ganesha, the Imperishable, with protruding belly, the destroyer of the Asuras, who brings auspiciousness to the whole world, who bestows kindness, patience, cheer, farme and strength of mind to His devotces and who is the bestower of light and destroyer of darkness.

> श्चर्कचर्नार्तमार्जनं चिरन्तनोक्षिभाजनं । पुरारिष्वनन्दनं सुरारिगर्वं चर्वणम् ॥ प्रयञ्जनारा भीषणं धनभवादि भूवणम् । क्षोलदानवारणं मजेपुराचनारतम् ॥॥॥

4. I meditate on Lord Ganesha, the oldest elephant with wide and broad forehead, the remover of the cravings of the poor, the first son of Lord Siva, the destroyer of the pride of the enemy of Devas, the destroyer of the fear of Samsara.

निजानतकामाद्रस्तकन्ति सन्नकाम्बद्धारस्यस् । श्रविन्यक्पसन्तर्धान सन्तराय दृत्तनस् ॥ द्वदुमारे निरन्तरं वसन्तसेव योगिनां । समेकदम्बसेवनं विचित्तयासि सन्तत्सस् ॥१॥

5. I ever contemplate within the heart-lotus, that one-tucked Ganesha, the son of Lord Swa (the destroyer of death), with teeth shining, like precious jewels, who is unthinkable,

nameless and formless, who brings an end to the recurring chain of worldly existence and who lives in the hearts of Yogis.

महागरोश पंचरनमादरेण योऽन्वहं । प्रजल्पति प्रभातके हृदिस्मरन् गर्धेश्वरम् ॥ ग्ररोगता मदोवतां सुमहितीं सुपुत्रतां ।

समाहितायुरष्ट भृतिमभ्युपैति सोऽचिरात् ॥६॥

6. Whoever studies this Maha Ganesha Pancharatna with great faith and devotion in the early morning, and medidates on Sri Ganesha, from him all kinds of wealth, name, fame, powers, good health, good son, sinlessness, etc., never stand apart.

GANESHA STOTRAM

गज्यदनमचिन्यं तीष्यदन्तं श्रिनेत्रं-बहदुदर बिशेषं भृतराजं पुराणम् । श्रमर वर सुपूज्यं रक्ष्रवर्षं सुरेगं-पशुपति सुतमीशं विप्तराजं नमामि ॥१॥

 I salute Lord Ganesha, the Lord of the Bhutas, the son of Lord Siva, the ancient, the unthinkable, with the face of an elephant, three eyes, sharp tusk and broad stomach and who is the destroyer of all calamities.

शिवतनयवरिष्टं मर्वकल्यायामृतिं – परगुद्शनकन्धे शोभितं मोदकेन । स्रस्य इसुम माला व्यालमम्बोजनेत्रं – मम हदय निवासं श्रीगयेशं नमामि ॥२॥

 I adore Sri Ganesha seated in my heart, the son of Lord Siva, the storehouse of virtues, with lotus-like eyes, shining with Parasu (a kind of weapon) and Modaka (a kind of eatable), who wears the fresh garland of sweet smelling flowers and who is fit to be worshipped.

> यं ब्रह्मचेदान्सचित्रे वदन्ति परं प्रधानं पुरणं सथान्ये । विखोद्रतेः कारणमीश्वरं वा

तसी ममोविष्नविनाशनाय ॥३॥

Salutations to Sri Ganesha, the destroyer

of all tribulations and obstacles, who is differently known as Brahma by the knowers of Vedanta, as Pradhana by others, as Ishwara, the creator of this universe, etc.

> गजाननं भूतगणादिसेवितं-कपित्य जंकुफलसार भन्नितम् । उमा सुतं शोक विनाश कारखं-नमामि विकोधर पादपंकजम् ॥॥॥

4. I worship the lotus feet of Ganesha, the son of Uma, destroyer of all sorrows, who is served by the host of Devas and Bhutas and who takes the essence of Kapithwa Jambu fruit (a fruit resembling Blua fruit).

> एकदन्तं महाकार्यं सत्तकाञ्चन सविभम् । जंबोदरं विशासार्चं बन्देहं गणनायकम् ॥४॥

I adore Lord Ganesha of one tusk, with large stomach, huge body and wide eyes, whose colour is like that of purified gold and who is the Lord of the Ganas.

> श्रमज्ञाननपदार्कं मज्ञाननमहर्निशम् । श्रमेकदम्सं भक्तानामेकदम्समुपास्महे ॥६॥

6. I worship day and night the one-tusked Gajanana, who is the sun that blossoms the lotus of Parvati's face and who bestows many a boon to His devotees.

HANUMAN STOTRAM

सनोजवं सास्त नुज्यवेगं

जितेन्द्रियं बुद्धिमतां वरिष्टम् ।
 वानात्मजं वानस्यथमुख्यं

श्रीरामदृतं शिरसा नमामि ॥१॥

er the son of Vayu (the wind God), the chief of monkeys, who is the chief among the wise, who has controlled his senses and who is as swift as the wind and the mind.

> उद्घंत्य सिन्धोः मिललं मलीनं-यः शोकविद्धं जनकान्यज्ञायाः । चादायतेनैव ददाह लडो-नमासि तं प्राक्षविराक्षनेयम् ॥२॥

I bow before Anjaneya with folded hands who easily crossed the beautiful waters of the ocean and who burnt Lanka (the capital of King Ravana) by the fire of Sita's grief.

> श्राञ्जनेयमति पाटलाननं काद्यनाद्रि कमनीय विप्रहम् । पारिजात तरमूल वामिनं

भावयामि पवमान नन्द्रमम् ॥३॥

3. I meditate on Anjaneya, the son of

wind God, scated under the Parijata tree, with red face and a body as brilliant as the mountain of gold.

> यत्र यत्र रघुनाथं कीर्ननं तत्र तत्र कृत भरतकाञ्जलिस् । बाणवारि परिपूर्वलोचनं भारति नमतराचसान्तकम् ॥७॥

I salute Maruti (Hanuman), the terror
of the demons, who is present with folded
arms, bowed head and eyes full of tears wherever the Names of Lord Rama are sung.

गोप्पदी कृत वारीशंमराकीकृत रावसम् ।
रामायस्य महामाता रत्नं
वन्देऽनिलाव्यकम् ॥१॥

5. I salute the son of Vayu, the precious jewel on the garland of the Ramayana, to whom the great ocean was like the cow's footprint and in whose hands the Rakshasas met their end like the mosquitoes.

> श्रञ्जनामन्दनं बीरं जानकी शोक नारानम्। कपीशमग्रहन्तारं वन्दे लंकाभगद्वरम् ॥६॥

6. I bow before the brave son of Anjana, the destroyer of the grief of Janaki, the chief of monkeys and the destroyer of Akshakumara (the son of Ravana).

DHYANA STOTRAS

(Of Siva)

बन्दे शम्भुमुमापति मुरागुरू वन्दे जगन्कारसम् । बन्दे पद्माभूपस् सगधरं बन्दे पद्मानां पतिम् ॥ बन्दे सूर्यं शशोकं बह्विनयनं बन्दे मुक्त्द्रप्रियं-बन्दे भक्रजनाश्रयं च बरदं बन्दे शिवं शंकरम् ॥१॥

1. Salutations to Samblu, the Lord of Parvati, the Guru of Devas, the cause of the universe, who wears the screent as ornament, who is clad in skin, who is the Lord of all Jivas, who has the sun, the moon and the fire as His three eyes, the friend of Vishnu, the refuge of Bhaktas and the bestower of boons, auspiciousness and Bliss.

(Of the Sun-God)

तूर्यं सुन्दर लोकनाधमण्यं वेशन्तसारं शिवं-जानं मक्षमयं सुरेगममणं लोकिकचित्तस्वयम् । इन्द्रादिग्य मराधिपं सुरगृदः श्रेकोच्य प्रहामण्-प्रक्राविष्युशिवस्यरूपक्षद्वयं वन्द्रे मदा भानकरम् ॥२॥

 I always prostrate before the Sun-God, the beautiful Lord of the world, the immortal, the quint essence of Vedanta, the auspiciousness, the absolute knowledge, the All-full Brahman, Lord of the Devas, ever pure, the one true consciousness of the world, the Lord of Gods and men, the preceptor of Devas, the crest jewel of the three worlds, the form of the heart of Vishnu, Brahman and Siva, the dispeller of darkness and giver of light.

(Of Gayitri)

मुका विद्रुमहेमनीलथवल च्हायेमुंबीबीच्येः -वुक्रामिन्दुनियदरलमुक्टां तत्वासमव्यांतिमकाम् । गायश्चीं वरदाभयाङ्कुशकरां शुश्रंकपालं गद्यं -श'सं वाक्षम याविन्द्युगलं हस्तैः यहन्तीं भन्ने ॥३॥

3. I meditate on the Lotus Feet of Goddess Gayitri, whose face glows with the pearl, coral, gold, blue and white jewels, with three eyes, whose crown is decorated with pearls and the moon, who is the embodiment of the Sacred Truth that signifies the essence of the Vedas, who has her two hands as the giver of boons and fearlessness, which holds the Ankusa (trident), Kasa (whip), the skull, Gada, the conch and two white lotus flowers in other hands

(Of Sri Sankaracharya)

पप्रामीनं प्रशान्तं यमनिरतमानंगारितुन्वप्रभावे-फाले भस्माद्वितांमस्मित रुजिरमुखोमोजनिन्दीचराचम् । कन्द्रप्रीयं कराम्यामविदनमुस्लसत्पुरतकं ज्ञानमुद्रौ-वन्यं गीर्वाग्रमुद्रौः नतजनवरदं भावये शहरायम् ॥७॥

 I meditate on Sri Sankara, seated in Padma pose with Gnana Mudra, calm and endowed with Yama and other virtues, whose glory is as great as Lord Siva, whose face blossoms like the fresh lotus with lotus-like cyes, with sacred ashes on the forehead, with the sacred scriptures in hands, who is adored by people of high learning and who falfils the desires of his refugees.

(Of Sri Dattatreya)

मालाकमवद्युधरः करपप्रयुक्ते-मध्यस्य पाणियुगले डमरुत्रिशृतम् । श्रष्यस्थञ्जर्षेकरयोः श्रभशाह्यके-यन्दे तमन्त्रिवर्दं सुजयद्वसुवनम् ॥१॥

5. I meditate on Dattatreya, the son of Atri, who has six hands, who holds a garland and a Kamandalu in two hands, with Damaru and Trisul (trident) in the other two hands and with conch and disc in the upper two hands.

> दिगम्बरं भस्मजिलेविनोगं-बोधानम्बं सुद्धिवरं प्रसन्नम् । निर्मानमं स्थामतन् भजेऽहं दस्तप्रेयं प्रक्रममाधियुवनम् ॥६॥

6. I adore the Avadhoota Dattatreya, of dark colour with ashes all over the body, who is ever cheerful, who bestows immortality by imparting the knowledge of Truth (to his devotees) and who has destroyed the fluctuating mind and ever rests in the state of blissful umon (Samadhi). (Of 'OM')

ष्रोंकारंनिगमैकवेदामनिरां वेदान्ततत्त्वास्पदं-चौरपित्तिस्थितं नाग्रहेतुममलं विश्वस्य विश्वासकम् । विश्वनास्य परायसं शुतिशतैः सम्प्रोच्यमानं विश्वं-सत्य ज्ञानमनन्तर्मृतिममलं शुद्धासमकं सं भन्ने ॥॥॥

7. I always meditate on the Ever Pure, All-pervading Pranava Omkara, which is known by the various Strutis as the source and essence of all objects, the cause of creation, existence and dissolution of this universe, which is the Soul of this Universe and which is Truth, Knowledge and Infinity.

(Of Lord Subramanya)

पडाननं कुंडुमरक्तवर्षं महामति दिव्यमयुर्वाहनम् । रुद्रस्य सृतुंसुरसैन्यनार्थं गुर्ह सदाहं शरणं प्रवधे ॥॥॥

8. I always take refuge in Lord Guha of six faces, who is of deep red colour and infinite knowledge, who has the divine peacock to ride on, the son of Lord Siva and the leader of the army of the Devas.

CHAPTER II DEVI STOTRAS

LAKSHMI STOTRAM

वन्दे पद्मकरां प्रस्तवद्नां सीभाग्यतां भाग्यदां-हस्तान्यामभयप्रदां मखिगखैनांनाविधेनृपितान् । भवताभीष्टकलप्रदां हरिहरमह्मादिभिस्सवितां-पार्स्वे पंकत शंखं पप्रनिधिमियुंकतां सदा शक्तिमः ।।।।।

I. I meditate on Goddess Lakshmi, who has lotus in her hands, is of cheerful face, bestows fortune and fearlessness, fulfils the desires of Her devotees, who is decorated with precious jewels of different kinds, is worshipped by Hari, Siva and Brahma, is at all times surrounded by Shaktis and has conch and lotus by her side.

सरमिजनवने सरोऽहरने धवल तरांशुकगन्ध मान्य शांभे। भगवति हरित्रज्ञमे मनोज्ञे-त्रिभुवनभृतिकरि त्रमीद महाम् ॥२॥

2. O Goddess, the wealth of the three worlds! Whose eyes are like the lotus, who has lotus in her hands, wearing pure white garlands, O thou! spouse of Hari, beauty of beauties, be thou ever merciful to me. Be ever pleased with me.

सम्मीकीरसमुद्रशक्तनयां शिरंगपासेश्वान दासोमूनसमस्तदेव बनितां लोफेक्द्रापादुराम् । श्रीमन्मन्द् कटासलस्य विसय महोन्द्र गंगापरां त्वां श्रीलोक्य कुटुंबिनी सरिनितां बन्दे मुबुन्द्रमियाम् ॥३॥

3. I meditate on Lakshmi, the mother of the three worlds, the beloved of Mukunda, the daughter of the King of the milky ocean, the Goddess of Vaikunta, the light of this world, who has enslaved the host of Deva ladies and is always praised by Brahma, Indra and others.

> भारतीसामि कमले कमलायतापि
> श्रीदेष्णुहरकमलवासिति विश्वमातः । श्रीदेष्णुहरकमलवासिति विश्वमातः । श्रीदेदते कमल कोमल सम्मीदिरी लच्छी प्रसीद स्वर्ण नमतो सम्बर्णे ॥॥॥

4. O Mother Lakshmi! With eyes like the otus, the world-mother, the indweller of Vishuu's heart! Thy abode is the lotus! Thou art born of the milky ocean; Thou art called Kamala, Gouri, etc. I prostrate to Thee; be meriful unto me. Thou art very kind to those who take refuce in Thee.

SREE STUTI

सेवे देवि त्रिदश महिलामीलिमालार्चितं ते-मिदिकेवं शमितविषदौ सम्पदौपादपद्मम् । पस्मित्रीपत्रमित शिरसो थापयि त्वा शरीरम् । वर्विप्यन्ते वित्तमसि पदे वासुदेवस्य धन्याः ॥१॥

1. I worship the Goddess (Devi), whose feet is always adored by the host of Deva ladies, the source for all fortune, joy and virtues to those who are deprived of their wealth, afflicted very much by calamities and evil nature, by worshipping Whom the lucky devotees rest in the eternal abode of Vasudeva on leaving the physical body.

कल्याणा नामविकलानिष्ठिः काविकारुएय सीमा-नित्वामोदा निगम वचसां मीलिमन्दारमाला । सम्पद्दिच्या मधुविजयिनाः मन्निपचां सदा मे-सैपा देवि सकल भुवन प्रार्थना कामधेनुः ॥

2. May the All-merciful Devi, who is the storehouse of all good things and virtues, the abode of mercy, who adorns herself with the Mandara garland of the words of the scriptures, ever immersed in Bliss, the bestower of riches and all desires of Her devotees and is like unto the Kalpaka (wish-yielding) tree, protect me.

ANNAPURNA STOTRAM

नित्यानन्द्रकरी वराभयकरी सीन्द्रयरम्बाकरी । .

निर्भूताखिलघोरपायनकरी

मत्यच माहेश्वरी ॥

प्रालेयाचल वंशपावनकरी

काशांपुराधीशरी ।

भिदांदेहि कृपावलम्बनकरी माञ्चावपूर्वेशरी ॥

Eternal Bluss and fearlessness, the jewel of beauties, the spouse of Lord Siva, the presiding deity of Kashi (Benares), the purifier of the family, the destroyer of even the worst sins, be Thou pleased to give me alms of Thy mercy.

1. O Goddess Annapurna, the bestower of

धसर्वे सदापूर्वे शंकरप्राणवक्षमे । भारतीयस्य सिध्यर्थे भिश्रा देहि च पार्वति ॥२॥

 O Devi Annapurna! O Parvati! the ever-full, the beloved of Sankara, bestow on me the alms of knowledge (Gnana) and dispassion (Vairagya).

'atragya). माना च पार्वेशिदेशी पिता देवीमदेश्वरः । बान्धवाः शिवभक्ताश्च स्वदेशीभुवनत्रयम् ॥

Parvati is the mother, father is the Lord Siva, relatives are the devotees of Siva and the native place is the three worlds.

DEVI STOTRAM

करंबवनमध्यमां कनकमण्डलोपस्थितां~

पडंबुरह वासिनी सतत मिद्ध सोहामिनीम् विडंबित जपारचि विक्रच चन्द्र चुडामिंश्-

त्रिलोचन कुरुस्विमी त्रिपुरसुन्दरीमाध्ये ॥१॥

1. I take shelter in Tripurasundari, the consort of the three-cyed One (Lord Siva), the ever perfect Goddess, who dwells in the middle of the 'Kadamba woods, who is seated on the golden orb and abides in the six lotuses (of the body), whose beauty excels that of the Jaba flower and who is embellished by the crestiewel of the full moon.

यञ्च किंचित् कचिद्रस्तु सदसद्वाखिलात्मिके । तस्य सर्वस्य या राक्षिः सा त्वं किं स्त्यसे तदा ॥२॥

- Thou art the Self of everything that exists in this universe, whether real or unreal, and Thou art the Power that sustains them all; how canst thou be culogised?
 - महाविद्या महामाया महामेथा महान्मृतिः ।
 महामोहा च भवती महादेवी महानुरी ॥३॥
- 3. Thou art the great knowledge, the great illusive power, the great intellect, the

great memory, the great delusion, the great Goddess and the chief of the celestial Goddesses.

र्णशास्त्रामत दीनार्तं परित्रायपरायखे । मर्वदायार्ति हरे देवि नाराविख नमोस्तुने ॥४॥

4. O Narayani! Devoted to the deliverance of the distressed, the meek and the shelter-seekers! Oh Dev!! the destroyer of the afflictions of all, be this bow to Thee.

यादेवी सर्व भूतेषु विष्णुमायेति शब्दिता।
 नगरनम्ये नगरनम्ये नगरनम्ये नगोनगः ॥१॥

5. Prostrations again and again to that Devi who resides in all creatures as Vishnu-Maya.

या देवी सर्वभूतेषु कामरूपेण संस्थिता । नमस्तर्गये नमस्त्रस्ये नमस्तरम्ये नमोतमः ॥६॥

6. Prostrations again and again to that Devi who dwells in all creatures in the form of desires.

सर्वमंगल म'गल्ये शिवे सर्वार्थ साधिके।
 शरख्ये ज्यम्बके गीरि गुरायखी नमस्तुते ॥॥॥

7. Our prostrations to Thee, Oh Devi, All auspicious One, bestower of success and prosperity on those who take refuge in Thee, possessed of three eyes and of white colour and consort of Lord Narayana.

GANGASHTAKAM

भगभितः तव तीरं नीरमात्राशनीऽहं विगतविषय शृज्यः कृष्यमाराधयामि । सकल कलुप भीरे स्वर्गसीपातमङ्गे — वरल वरतरहो तेनि गीरा प्रसीद ॥

1. O Goddess Bhagirathi! Destroyer of all sin! Thou art the ladder for reaching heaven! Thou art full of the ever-changing waves! I worship Lord Krishna on your bank; drinking your water alone I am free from the longing for worldly pleasures. May thou be pleased with me and shower Thy blessings on me.

> भगवति ! भवलीलामीजियाले तथान्मः क्यूमळुपरिमार्खं प्रायिनो ये रष्ट्रशन्ति । ग्रमर नगर नारी चामर प्राहिखीनां विषत क्रिक क्लुडा तडमडी लठन्ति ॥२॥

2. O Goddess Ganges! Thou decoratest the head of Lord Siva as if it were a beautiful garland. Those people who touch even a drop of thy waters become freed from all sins of Kali and freely play in the Devaloka devoid of all tribulations. They rest in the lap of the celestial goddesses with Chamar in hand.

ब्रह्माण्डं खरदयन्ती हरशिरसिजटाविद्यमुद्धा सयन्ती । स्वलॉकादापतन्ती कनक गिरि ग्रहागण्डरीलास्प्रखन्ती । कोलीप्रष्टे लुटन्ती दुरितचयचमूर्निर्मरं भत्संयन्ती-वयोधि प्रयन्ती मुरनगरमरित्यावनी नः पुनातु ॥३॥

3. Cutting down the Brahmanda, giving splendour to the matted hair of Lord Siva, falling down from heaven and passing through Sumeru of golden hue, and reaching the earth, thou removest all the multitudes of sins and fill up the ocean with thy waters. May that sacredGanges, the river of Devaloka, protect us and remove our sins.

मङ्गमाताः कुंभच्युतमद्मदिरासोदस्यालि जालम् । स्तानीः मिद्धाः नानां कुंचयुगानिगलत् कुंकुमास्यापितम् । सार्वः मातर्गुनीतो कुग्रसुमाचये च्य्युक्षतीस्स्यमीरम् । पायाको गांतमानः करिकलभकराकान्तरं इस्तरंगम् ॥४॥

4. May that sacred Ganges water ever purify us, which is filled with the bees who have drunk deep the sweet smell of Madira falling from the head of the elephants in the act of taking bath; those waters whose colour have been changed by the contact with the turmeric powder applied on the breasts of Deva ladies and filled with the flowers and Kusa grass after the morning and evening Sandhya prayers of great Munis; and whose waters come speedily disturbed by the tusks of wild elephants on the way. May the waters of the Ganges protect us from sin!

(The poetic imagination is carried very far in this verse)

श्रादावादि पितामहस्य नियम व्यापास्पात्रे अलं-पक्षात्पस्ताशाधिनो सगवतः पादोदकं पावनम् । भूयः शम्भु अटातिभूपखमखि जह्वामहर्पेरियं-कन्या करुमपनाशिनी सगवती भागीरथी दश्यते ॥५॥

5. The Goddess Bhagirathi! the daughter of Sage Janhu, destroyer of all sins is seen (by pious souls) on earth. Her waters were first in the water-pot of Brahma the Creator, then they flowed down to the earth washing the lotus feet of Anantasayi Lord Narayana and which shines as the crowning jewel of Lord Siva's head.

> शैनेन्द्राद्वतारिणी निज जले मज्जनोत्तारिणी~ पारावारविद्वारिणी भवभयकेणी समुत्नारिणी । रोपाहेन्तुकारिणी हरशिररवङ्गोदलाकारिणी— काणीयान्त विद्वारिणी निजयनेगंगा मनोदारिणी ॥६॥

6. The sacred Ganges rises from the holy mountains of the Himalayas. She destroys the sins of those who take bath in her waters. She plays in the great occans. She is the dispeller of the ignorance of Samsara. She imitates the movement of Sesha-serpent. She decorates the head of Lord Siva. She passes through the sacred Benares. May the Ganga Bhagirathi ever protect us! Victory to Ganges! the joy of the heart.

कुतोबोचिर्वीचिस्तव यदि गतालोचनपर्ध-त्वमापीता पीतान्यर पुरनिवासं विनरसि । त्वदुत्संगे गंगे ! पतित यदि कायस्तनुष्टतां-तदा मातः ! शातकतव पदलाभोऽप्यतिलसुः ॥७॥

7. O Mother Ganges! If a man looks at the beautiful waves, will he be any more afflicted by the waves of the ocean of Samsara? To those who drink a little of thy water thou bestoweth the status of Vishnu. If a man offers his body at thy lap, to him even the status of Indra becomes too insignificant.

गंग श्रेलोक्यसारे ! सक्छ मुरवधू धीतविस्तीर्थोतीये--पूर्वेश्रह स्वरूपे ! इरिक्ट्स्ट्रजोहारियि स्वगैमार्गे । प्रायक्षित्ते यदि स्यापन जलकपिका महाहरवादि पापे--करतो स्वार्त समर्थेदिजगदपदरे देवि गंगे प्रसीद ॥॥॥

8. O Goddess Mother Ganges! the essence of the three worlds! Thou art pure and sweet smelling by the bathing of the Deva ladies, thou hast an expansive store of water, thou art the Poorna Brahma! You carry the dust of Vishnu's Lotus Feet with your currents. Thou art the path to heaven! By drinking a drop of thy water even the sin of killing a brahmin is removed. Thou art the purifier of the three worlds. O Goddess Ganges! Be merciful to me. Who is able to praise thee?

मातर्कोद्ववि शंभुमंगवलिते मीली निधायाञ्चलिम्-स्वर्णारे वपुषोऽवमानसमये नाराययोजित्वयम् । सानन्दं स्मरतो भविष्यति मम प्राग्पप्रयाणोत्सवो-भूयाद्मवितरविष्युता हरिहराऽद्वैतात्मिका शाश्वती ॥६॥

9. O Mother Janhavi! Thou art the ornamort of the head of Lord Siva! With folded hands on my head I pray to Thee that I may leave my body at Thy banks meditating on the Lotus Feet of Lord Narayana with a cheerful heart and with equal devotion to Hari, Hara and the Supreme Advaita Tattva. O Mother! Grant me this prayer.

गङ्गाष्टकमिदं पुरुषं यः पठेट्ययतो नरः । सर्वपापविनिर्मुक्तः विष्णुलोकं स गच्छति ॥१०॥

10. He who studies daily this verse of eight stanzas on the Ganges, endowed with faith, is freed from all sins and reaches the abode of Vishnu.

CHAPTER III

PRAYERS

SHAD PADI STOTRAM

श्रविनयमपनयविष्णो देमय मनः शमय विषय मृततृष्णाम् । भृतद्यां विस्तारय तारय संसार सागरतः ॥१॥

1. Oh Vishnu! Remove the immodesty in me, calm the mind, put an end to the cravings for illusive tense-objects, extend the sympathy for human sangs, and save me from the ocean of Samsara.

द्वित्यधुनीमकर्रदे परिमल ।

श्रीपति पदारविन्दे भवभय
सेद्दिहुदे वेदे ॥२॥

2. I bow to the Lotus Feet of Sripati. Thou art the celestial stream flowing with honey of the cluster of flowers and wafting the sweet fragrance of Sat-Chit-Ananda, the destroyer of the agony caused by the fear of birth and death.

> सत्यपि भेदापगमे नाप--भवाई न मामकीनस्त्यम् । सामुद्रो हि सरंगः क्रचन समुद्रो न सरंगः तद्दश

3. O Lord! Even after the removal of duality, I am Thine only, but Thou art not mine, just as the wave is of the ocean but never the ocean is of the wave.

उद्धृतनम् नगभिद्गुत्र द्युज्ञकुलाभित्र-भित्र गशिष्टे । इटे भवति प्रभवति न भवति कि भवतिस्कारः ॥५॥

4. Oh lifter of the mountain! The brother of Indra, the foe of the Asura race and the One having sun and moon as his eyes, a flot Samsara overpowered when Thou art directly perceived?

मन्यादिभिरवतारैयतारयताऽयता ६ मार्यादिभिरवतारेयता ६ मार्यायम् । परमेश्वर परिवाल्या भवता भव-ताच भोतोऽहम् ॥५॥

5. O Supreme Lord! the constant protector of the universe through incarnations of Fish, etc.! I, who am afraid of the agony of birth and death, am St to be protected by Thee.

दामोदर गुणमन्दिर सुन्दरवदनस्विन्द् , योदिन्द् । भव कल्पिमधनसन्दर प्रमं दरम-, पन्ध स्वमं ॥६॥ 6. Oh Govinda! Damodara, the abode of excellence, with face beautiful like the lotus, who art the mount Mandara in the churning of the ocean of Samsara, pray remove my excessive fear.

नारायण करजामय शरणंकरवाणि तावकी चरणी।
इति पट्पदी मदीये
वटन सरीजे सडा बसन ॥ ॥॥

7. Oh Narayana! the compassionate, I take shelter at Thy feet. May this group of six stanzas ever abide in my mouth-lotus.

STOTRA RATNAM

ममो नमो बाङ्मनसाति भूमये नमो नमो बाङ्मनसैङ भूमये। नमो नमोऽनन्त महा विभृतये नमो नमोऽनन्त स्वीक सिन्धवे॥॥॥

 Prostrations again and again unto the Infinite Lord who is beyond the reach of mind and speech, who is to be approached by the medium of mind and speech only; salutations again and again unto Him of great and unlimited powers; salutations unto Him who is the ocean of merey and grace.

> न धर्मनिष्टोऽस्मि न चान्मवेदी न भक्तिमारिखधरखारविन्दे ! चाक्कितोऽनन्यगतिः सस्यय

 O Saviour of the helpless! I am not devoted to righteousness; I have no knowledge of the Self; I have no devotion to Thy lotus feet; I am helpless and without refuge; I take refuge in Thee who alone is my redeemer.

न जिन्दितं कर्मं सद्दिल लोके सहस्योगे पद्ममण स्वभागी ! सोऽई विचाकासरे सुदृन्द क्रन्दामि सम्प्रपातिस्तवादे ॥६॥

स्वत्पादमुलं शरणं प्रपद्ये ॥२॥

3. There are no evil deeds in this world that have not been done by me thousands of times. When the time has come for me to reap the fruits of those actions, I cry before Thee now without any other help.

निमजवोऽनन्त भवार्यवान्तश्रिताय मे कुलमिवासिलब्धः ।
स्वपापि सब्बं भगविदानीं
श्रमुक्तमं पात्रसिदं द्यायाः ॥॥॥

4. Constantly tossed about in the ocean of endless Samsara, after a long time, I have got Thee as my shore. You have also now got, O Lord, a suitable vessel (man) on whom you can show your extreme mercy.

> अभृतपूर्वं सम भावि कि वा सर्वे सहे से सहजंहि दुश्वस्। किन्तु व्यद्भेशस्यामातानां यराभवो नाथ न तेऽनुरूपः ॥२॥

5. Whatever may be the suffering left in store for me (in future) I am prepared to face them all; but, O Lord, it is not meet that you should diseard me who has taken shelter in Thee.

> निरासकस्थापि च तावदुत्तहे महेरा हार्नु हव पादपंकअस् । रुपा निरस्तोऽपि रिरायुस्तनस्थयो न जात सानक्षरयो डिहासवि ॥६॥

 Even if you abandon me, O Lord of lords, I am not prepared to leave Thy lotus feet just as the suckling baby does not leave the mother's feet even if it is thrust aside by the mother.

> तवामृतस्यन्दिति पादपङ्कते निवेशितास्मा कपमन्यदिष्कृति । स्थितेरिविन्दे मकरन्द निर्मरे मधार्यो नेप्यस्य समीवने ॥७॥

7. How could a man think of anything else when he has placed himself at Thy Lotus Feet? The bee never runs after sugarcane juice in the presence of lotuses in abundance.

> स्वइद्गि मुस्स्य कदावि कंपवित्-यथा स्था वापि सङ्ख्तोश्रिक्षः । तदैव मुप्पान्यसभान्यरोपसः शुभानि पुष्वाति न जातु हीयने ॥=॥

 Whoever, in whatever condition he may be, but once bows before Thy feet, frees himself from all evils and miseries. He attains prosperity and peace.

> भवन्तमेवातु चरतिरास्तरं , मणान्तनिरशेषमनोरधास्तरः । कदारुमेकान्तिक नियक्किरः

प्रहर्पयिच्यामि सनाथ जीवितः ॥३॥

9. When shall I rejoice and make my life fruitful by ceaseless obedience unto thee alone, with all my desires and cravings completely at rest? When shall I become your exclusive servant thinking of no other?

ष्प्रविवेक घनान्यविष्ठपुर्वे बहुधा सन्तत दुःख वर्षिण । भगवन्भवदुर्दिन पर्धः स्वक्षितं मामलोकयाच्यत ॥१०॥

10. Most stable Lord! Have an eye of pity on me, who has fallen from the right path and fallen into evil ways, who am blinded by the dark clouds of ignorance and caught up in the heavy rain of miseries.

न सृषा परमार्थमेव मे श्रुणुविज्ञापनमेकनम्रतः । यदि मे न दिविष्यसे ततो द्यनीयस्तव नाय दुर्लभः ॥१९॥

11. This is not untruth; it is absolutely true. Pray listen to my first appeal. If you do not take pity on me, O Lord, you can never find another person fit to be pitied.

सम नाथ यद्स्ति योऽम्म्यहं सक्तं तदि तदेव माधव।

नियतस्वमिति प्रबुद्धी

रथवा किंतु समर्पयासि ते ॥१२॥

12. O Lord! Whatever I possess and whatever I am sure of are all yours alone. O spouse of Lakshmi! What shall I offer to Thee knowing that everything belongs to you alone.

रिष्टनं भूतविषया समताभिधाना-वैषम्यभेव तदियं विषयीकरोति । शान्तिः कृतो सम भवेत्समता न चे स्त्यात्-तस्मान्तमद्य शर्यां सम दीनवन्यो ॥१२॥

12. I have no equal vision over all creatures and this defect makes me always dwell in sense objects. Without equality how can I attain calmness? Therefore, O Lord! Thou art my only refuge.

> मैसी समेपु न च मेस्ति कदापि नाथ दीने तथा न करुया मुद्दिता च पुरुषे। पापे नुपेचवावती सस मुख्यं स्थात्— सस्सावसद्य सरक्षं सस दीनवन्यो॥१३॥

13. I am not friendly towards my equals, I have no pity for the poor and complacency towards the virtuous. I am not forgiving towards sinners, O Lord! Thou art my only refuge.

> नेतादिकं सम बहिविषयेषु सक्तं-नान्तर्मुलं भवति सामबिहाय सस्य । क्वान्तर्मुलं श्वमपहाय सुप्तस्य वार्ता सस्मास्वमधः शस्यं सम दीनबन्धो ॥१४॥

14. My eyes and other senses are always attached to external objects. They never become inward by forsaking these objects. How can real happiness result without an inner

vision? Therefore, O Lord! Thou art my only refuge.

रवस्तं गृहाचि मचा भवतापराग्यि-नामीदमी हतहदो मम माययाते ! सा चापुना क्यि विपारवित नेति जाने तम्मारमच शस्तुं मम दीनवर्ग्या ॥१५॥

15. To get rid of the miseries of Samsara renounced all things like house etc., but due to Thy Maya they are not still crased from my mind. What Thy Maya has in store for me I know not now; therefore, Thou art alone my refuge, Oh Deenanatha!

प्राप्ता धनं गृहजुदैवगजाशदारा राज्यं-वयैदिकमर्थेन्द्रपुरश्च शाधः । सर्थे विनयसिदं च फलाय फन्मे सरमारामधः शर्थं सम दोनवन्धे ॥१६॥

16. Wealth, house, family, wife, horse, elephant, kingdom and the Devaloka have all been acquired by me but these are all useless and perishable. Therefore, Thou art my sole refuge, O friend in distress !

प्राचानिकस्य विधिना न कृतोहियोगो~ योगं वितादिन मनमः स्थिरताङ्गोमे । तो वे विता सम न चेत्रसि शास्त्रिवार्था-नमाध्यस्य शर्मा सम्बद्धाः॥ १०॥ 17. The practice of Yoga was not properly done by me through control of breath etc. How can steadiness of mind come without Yoga and how can I have peace without steadiness of the mind? Therefore, O Lord! Thou art my only refuge.

ज्ञानं यथा सम भवेरकृपया गुरूखों→ सेवां यथा न विधिना करवं हितेपास्। सेवाऽपि माधन तथा विदितास्ति चित्ते तस्मात्वसय शर्गां सम श्रीनवन्यो ॥१८॥

18. I have not done service to the preceptors with faith so that knowledge may arise in me by their grace. Service is prescribed for the purity of the mind, therefore, Oh Lord! Thou art my saviour.

तीर्थादि सेवनसहाविधिना हि नाथ नाकारि येन सनसो सस शोधर्न स्वात् । शुद्धिं विना न सनसोऽध्यासापवरों~ सस्सान्यसच शास्त्रों सस दीनवन्धे ॥१६॥

10. I did not visit holy places with due faith, Sraddha and the due observances which cause the purification of the mind. Without purity of mind how can there be destruction of rebirths? Therefore, O Lord! Thou art my only saviour.

पेदान्तर्शालनमपि प्रमिति करोति~ प्रसारमनप्रमिति माधन संयुतस्य । नैवास्ति साधनलवो मयिमाय सस्याः तस्मात्वमस्य शास्त्रं मम दीनवस्त्रो ॥२०॥

20. For him who is endowed with good Sadhana and Vedantic Vichara, the identity of Atman and Brahman is disclosed. I have not done even a little of Sadhana, O Lord! Therefore, Thou art my only refuge.

गोविन्द शंकर हरे गिरिजेशमेश-

शंभी जनादैन गिरीश मुकुन्द साम्य । ना न्या गतिमेम कथेनन वो विहास तस्त्रात प्रभो सस गतिः कपया विश्वेदि ॥२३॥

21. Govinda, Sankara, Hari, Siva, Janardana, Mukunda—I have no other refuse except

 Govinda, Sankara, Hari, Siva, Janardana, Mukunda—I have no other refuge except Thee, therefore take pity on me and lead me to my goal.

> पुतत्त्वर्वं भगवदाश्रयणाभिषानं-ये मानवाः प्रतिदिनं प्रख्ताः पर्दान्त । ते मानवाः भवरति परिभूष शान्तिं-गच्छन्ति किंच परमात्मनि भवितयद्धः ॥२२॥

22. Those persons who recite this prayer based on surrender to the Lord with great fulfil all Supreme

well as lores may be at the tip of one's tongue and one may compose poems—what good does it accrue to him from these, if his thoughts are not fixed on the Lotus Feet of the Guru?

> बिदेशेषु भान्यः स्वदेशेषु धन्यः सदाचारवृत्तेषुमत्ते न चान्यः १ गुरोरकृष्टिवर्षः मनश्रेष खन्नं-सतः किं सतः किं सतः किं सतः किम ॥४॥

4. I am commanding respect in foreign countries and esteem in motherland. Although I have the idea: "I am the only righteous one"—of what use are all these if my mind is not concentrated upon the Lotus Feet of the Teacher?

> सभामगढले भूरभूपालगृन्दैः सदा सेविनं यस्य पाशास्त्रिन्दं । गुरीरक्षियमे मनश्रय लानं ततः किं ततः किं ततः किं ततः किम् ॥५॥

5. What avails if one's feet is being addred by the hosts of emperors amidst the audience, if one's heart is not centred on the Lotus Feet of the Guru?

यकों से गर्स दिख्य दानप्रशापात् जगद्दस्य सर्व करें बद्धानगदात् । पुरोगद्धियकों सनश्रेष्ठ सन्तर्भ सतः कि सतः कि सतः कि सतः किसः क्रिस ॥॥॥

सभेद्वास्त्रिष्ठतार्थे पदं व्रद्धा संशं-गुरोरुक्रवास्ये मनो यस्य लग्नम् ॥६॥

 Any virtuous soul, be he a Yati, a King, a Brahmachari or a householder, who recites this Gurvashtakam, shall attain his desired object—Brahman, in case his mind sticks to the words of the Guru.

श्रनादिं हापारं सहामोह मारं-शिवं शंकरं शंभमीशानमीडे ॥३॥

3. I praise Lord Siva, Sankara, Sambhu, who is the mine of joys, who is the ornament that embellishes the great orbit, who is without beginning, who is without limit and who is the destroyer of great Moha (infatuation).

तदाधोनिवासं महादादहासंमहापापनारां सदासुप्रकाराम् ।
गिरीरां गयोगं सुरेशं महेरांयिवं र्यकरं शंभमीशानमीडे ॥४॥

4. I sing in praise of Lord Siva, Sankara, Sambhu, whose abode is beneath the sky, who is of boistrous laughter and who is the destroyer of great sins, who over shines brightly, who lords over the mountains, Ganas and Suras.

तिरीन्द्रात्मवासंगृहीतार्थनेहं-निरीसंस्थितं सर्वेदासक्रमेहम् । परब्रह्म प्रकादिभिवैद्यमार्थ-शिवे शेकरं शंभुमीशानमीडे ॥५॥

5. My praise to Love Siva, Sankara, Sankhu, half the body of whom is possessed by the daughter of Gireendra (Lord of mountains), whose dwelling is on the mountain, homeless, who is Supreme Brahman and who is adored by Brahma etc.

कपालं शिञ्चलं कराभ्यां द्धानं-पदांभोजनसाय कामं ददानम् । यतीवर्ययाम सुराखां प्रधानं-

शिवं शंकरं शंभुमीशानमीडे ॥६॥

6. I praise Lord Siva, Sankara, Sambhu, the Supreme One who is the bearer of skull and trident in his hands, who is the fulfiller of all desires, to one who bows at His Lotus Feet and who is the enhancer of the oblations of the Devas.

शरकन्द्रभातं गुणानन्द्रपात्रं-तिनेतं पवितं धनेशस्य मिलम् । श्रपणां कलतं चरितं विचितं-शियं शंकरं शंसुमीशानमीदे ॥७॥

7. I offer my praise to Lord Siva, the bestower of happiness, the source of bliss, whose body resembles the autumnal moon, who is the abode of excellence and bliss, who is three-eyed, who is holy, who is the friend of Kubera (Lord of wealth), whose wife is Parvati, and whose history is wonderful.

हरं सर्पहारं चितासूबिहारं-भवं वेदसारं सदा निर्विकारम् । श्मशाने वसंतं मनोजं दहन्तं-शिवं शंकरं शंभुमीशानमीडे ॥=॥

8. I praise Lord Siva, Sankara, Sambhu

Hara (destroyer) who has a garland of serpents, who has his recreation on the funeral ground, who is Bhava (the source of worldly existence), who is the essence of the Vedas, who is ever formless, who dwells in the burial ground and who is the destroyer of the God of love.

> **क्तवं यः प्रभाते नरः शलपार्थः** – परेत सर्वदा भगभावानस्यः। स पूर्व धर्न धान्यमिलं कललं-विचित्रं समासाच मोर्च प्रयानि ॥३॥

9. He attains liberation having come in possession of son, wealth, grain, friend and wife, who, being devoted to the contemplation of Bharga (Siva), repeats always in the morning this praise of Sulapani (one who has trident in his hands---Lord Siva).

SIVA MANASA POOJA

रलै: कहिपतमासनं हिमजलै: स्तानं च दिच्याचर्य-नातारत्नविभूतितं स्तामदामोदाद्वितं चन्दनम् । जातो चम्पक विक्वपत्रदियतं पुणं च भूपं तया द्वीपं देव दयानिये पराुपते हत्कविवतं गृहाताम् ॥१॥

O Lord! Thou ocean of mercy, O
Pasupati! do accept these offerings conceived
in my mind, viz., a Simhasana adored with
precious rubies, a pleasant cool bath, a splendid
garment adorned with various gems, sandal
paste scented with musk, a garland made up
of Jasamine, Champaka flowers and Bilwa
leaves, incense and light.

सीवर्षे नवरत्नसरदरिवते पासे इतं पावसं-भक्तं पञ्जविषं पवोदधियुतं रम्भापक्षं पानकम् । शाकानामयुतं वक्तं रुविकतं कर्ष्यस्त्रारहो ज्वलं त्रोवृत्तं मनसा मया विरचितं भक्रया प्रभी स्वीकृर ॥२॥

2. O Lord! Kindly accept ghee, Payas (sweet milk and rice), the five-fold food, plantain mixed with milk and curd, Sherbat, various kinds of vegetables, palatable water, a brilliant piece of camphor and betel—all these food offerings placed in a golden vessel which is bedecked with nine kinds of precious jewels, which are conceived in my mind out of devotion for Thee.

विहितमविहितं वा सर्वमेदचमस्व-जय जय करुणाञ्चे श्री महादेव शम्भो ॥१॥

5. O Lord! Forgive all the sins that are committed by the hands and feet or the tongue (speech) and the body, or the ears and eyes, or the mind whether Vihita (lawful) or Avihita (forbidden). Glory be unto Thee, Thou ocean of mercy! Glory be unto Thee, O Mahadeva (God of gods)! O Sambho (bestower of happiness)!

✓ SIVA THANDAVA STOTRAM

जटाकटाटमस्प्रमध्यमसिकिस्पनियोरी विमोन वीचिवत्तरी विराजमानमूर्येनि । धगवगदगारमभद्रभाटपट्टपायके किसोर सन्द्र सेन्सरे रित प्रतिवसं सम ॥ ॥॥

O may'st Thou be our constant joy,
 Who dost the young moon on thy crest
 employ;

Upon whose brow the triple fire,
"Blazes Dhaga, Dhaga, Dhaga,
The river of the shining ones,
Revolving in Thy mound of hair,
Like wind-lossed creepers, waves, upthrows
And glory on Thy head bestows.

परा परेन्द्र नन्दिनी विकास बन्धु बन्धुर-स्कुरिहान्तयन्त्रति प्रमोद मान मानसे । कुपाक्याच पोरियी निरुद्ध दुर्पेशपदि बबलिशिम्बरे मनोविनोद्देशदु सस्तुनि ॥५॥

May we find bliss within Thy Being,
 O Thou, enrobed in space alone;
 Whose mind is gladdened by the glance,
 Side-long and constant, love-entranced,
 O Parvati, sweet daughter of
 The Lord of Mountains, Himavat;
 Whose eyes compassionful, dispel,
 Our miseries insufferable.

जरादवीगलजल प्रवाह पावितस्यले गलेऽवलम्ब्यलम्बितां मुजद्ग तुङ्ग मालिकाम् । डमङ्गमङ्गमङ्गमलिनादवङ्गमर्वयं चकार चरुडतारहवं सनीतु नः शिवः शिवम् ॥३॥

3. O prosperous, auspicious Lord,
Performer of the frantic dance;
O bearer of the little drum,
Sounding Damad, Damad, Damad;
As through the forest of Thy hair
Descends the purifying stream,
About Thy neck, from which descends
Thy garland made of Serpent-kings.

स्फुरन्मीलि कञ्चोविनी चारु गंगा लसजाजवालेन्द्र करते भुजङ्गा ॥३॥

3. O spotless and pure (white) like the snow on the mountain and unfathomable! Thy beauty and glory is far more attractive than that of Cupid, the God of Love; the sparkling sacred water of the Ganges is sprouting from the hair of Thy head; the crescent moon is shining on Thy forehead and snakes are hanging down Thy neck.

> चनक्रवडकं राजनेतं विद्यालं प्रसन्नाननं नीनकरटं द्यानुम् । मृताचीत्र वर्मान्यरं सुबदमत्तं प्रियं रांकरं सर्वनायं भनेऽहस् ॥४॥

4. Thy ear-rings are bright. Thy eyes are pure and vast; Thy face is embodiment of Joy and Peace; the blue throat signifies Thy merciful nature; the lion's skin is Thy clothing; the skulls are Thy necklace. I worship Thee, O Sankara, my love, the Lord of lords.

प्रचर्ड प्रकृष्टं प्रशक्तं परेशं श्रवसर्वं श्रवं भानुकोटिप्रकाराम् । स्वयः श्रुव्वनिर्मूत्वनं श्रृत्वपार्थि भवेऽहं भवानीयति भावगम्यम् ॥२॥

5. I worship Thee, O embodiment of brilliance, the exalted All-wisdom, the Supreme Lord, Indivisible, the Unborn (beginningless) more effulgent than crores of Suns collected together; the trident in Thy hand signifies the power to dispel the three kinds of Tapa; the Lord of Parvati, Thou art obtainable by Sivoham Bhavana (meditation).

कलातीतकज्याच कज्यानाकारी सदा सजनगन्द दाता पुरारी । चिदानन्द संदीह मोहापकारी प्रसीद प्रसीद प्रभी सन्सपारी ॥६॥

6. Unchangeable and ever-blessed Purari, the consummator of world's cycle, constant giver of peace on the pious, all joy and wisdom, the dispeller of delusion, conqueror of love, have mercy, O my Lord! have mercy.

> न पावदुमानाथ पादारविन्दं भजन्तीह लोके परे वा नरावाम् । न तावल्मुलं शान्ति सन्ताप नारां-प्रसीद प्रभी सर्वे युकाधिवासम् ॥७॥

7. So long as one does not worship the Lotus Feet of Uma's Lord, neither in this world nor in the next, is there any happiness for men, nor peace, nor cessation of sorrow, O My Lord i the basis of all the elements, have mercy on me.

> न जानामि योगै जर्प नैय पूजो नतोऽई सदा सर्वेदा शस्भुतुम्यम् ।

जराजन्म दुःखीघ वातप्यमानं-प्रभो पाहित्रापक्षमामीश शंभो ॥=॥

8. I know nothing of meditation, or prayer, or ritual, but at all times, and in all places, I bow before Thee, O Sambho! Have mercy, O my Lord, on a wretch so severely troubled by old age and life's host of troubles; for Thee only I worship, O my Lord Sambho!!

CHAPTER V SRI RAMA STOTRAM

SRI RAMA STOTRAM

श्चापदासपहतीरं दातारं सर्वे संपदाम् । स्रोकाभिरासं श्रीरामं भूषो भूषो नमान्यहम् ॥१॥

 I prostrate again and again to Lord Sri Rama, the dispeller of all shackles of miseries, the bestower of all riches and in whom the whole world rejoices.

श्रातीनामार्तिहंतारं भीतानो भीति नाशनम् । द्विपतो कालदंडं ते श्रीराम चन्द्रं नमाम्यहम् ॥२॥

I prostrate to Sri Ramachandra, who removes the miseries of the distressed, the fears of those who are afraid and who is the noose of death to those who oppose him (his enemies).

नमः कोदंबहस्ताय संघीकृतशराय च। खंडिताखिल दैत्याय रामायापद्मिवारियो ॥३॥

3. Prostrations to Lord Rama, with bow in his hand and with drawn-up arrows, the destroyer of all Rakshasas, the dispeller of all calamities.

रामाय रामभद्राय रामचन्द्राय वेघसे । रघुनाथाय नाथाय सीतायाः पतये नमः ॥४॥

4. I prostrate to Rama, the Lord of Sita,

the chief of the Raghu kings, an incarnation of Vishnu, who is known both as Ramabhadra and also Ramachandra

> जवतु जवतु भन्ने जनममाफल्यमन्तम् । जनन मरख भेद्र क्लेश विष्कुद मन्त्रम् । सकल निगम मन्त्रं सर्वशास्त्रेक मन्त्रम् । रघुपति निजमंत्रं समसमेति मन्त्रम् ॥१॥

5. Victory, victory to Sree Rama Mantra, which confers the goal of life, the Mantra that destroys afflictions of birth and death, the Mantra derived out of all the Vedas and Shastras, the real Mantra of Raghupathi.

श्रीराम राम रामेति रमे रामे मनोरमे । सहस्थनाम रामुख्यं राम नाम बरानने ॥६॥

6. O Devi, the one who has a beautiful face, the one who plays in Rama, who gives delight to the mind, this Rama Rama Mantra is equal to the thousand names of the Lord.

सकल सुवनरलं सर्वशास्त्रार्थं रलम् । समर विजय रखं सचिद्रानन्द रलम् ॥ दशसुखदर रखं दानवाराति रलम् । रमुकुल नुपरलं पानुमां श्रीरामरलम् ॥७॥

 May the Jewel-Rama protect me always, the jewel of all the worlds, the jewel of all the Shastras, the jewel that gives success in battles, the jewel of Sat-Chit-Ananda, the jewel that श्रीताम राम रघुनन्दन राम राम श्रीताम राम भरतावज्ञ राम राम । श्रीताम राम रखकर्वेस राम राम श्रीताम राम शर्रण भव राम राम ॥१०॥

 O Sri Rama, be Thou my refuge who art born of the Raghu's family, the elder brother of Bharata and brave in the battlefield.

> श्रीरामचन्द्र चरखें। मनसा स्मरामि । श्रीरामचन्द्र चरखें। वचना गृथामि ॥ श्रीरामचन्द्र चरखें। शिरामा नमामि । श्रीरामचन्द्र चरखें। शरखं प्रपष्टे ॥३३॥

11. I meditate on the Lotus Feet of Rama, I speak of the Lotus Feet of Rama, I prostrate with my head at the Lotus Feet of Rama, I take shelter in the Lotus Feet of Rama.

दक्षियो सन्माणो यस्य वामे च जनकारमञा। पुरतो मारतियंस्य तं बन्दे रहुनन्द्नम् ॥१२॥

12. I salute Raghunandaua, whose right side is adorned by Lakshmana, left by Sita and with Hanuman in His front.

भर्जनं भवधीजानां श्वर्जनं सुखसंवदाम् । तर्जनं यमदूतानां-राम रामेति गर्जनम् ॥१३॥

13. The roaring of "Rama Rama" is the

frying of the seeds of Samsara, getting wealth and happiness, and the terrifying of the messengers of Death.

रामो राजमणिः सदाविजयने-रामं रमेरां भते । रामेणाभिहता निजापर चस् रामायतसी नमः ॥ रामायासिन परायणं परतरं रामस्य दामोरस्यहम् । रामे चित्तलयः सदास्यनुमे-भी राम मामदर ॥१४॥

14. Prostrations be to Lord Rama, the Jewel of Kings, who triumphs always, who is the Lord of Lakshmi. There is nothing greater than Rama. I am the servant of Rama. May my mind (Chitta) be always merged in Rama. O Rama I pray lift me up, (from this quagmire of Samsara).

with lotus-like eyes, the Lord of infinite forms, who is full of Sat and Chit, who gazing at the mother's (Yasoda) face with grace sucksher milk.

> इन्दीवरत्यामल कोमलांगं-इन्द्रादि देवार्षित पादपद्मम् । सन्तानकलपद्गुममाधितानां-वालं मकन्दं मनसारमरामि ॥४॥

4. I visualise mentally the Child Mukunda, with beautiful limbs, with colour as bright as the Indraneala gem, whose lots feet are worshipped by Gods like Indra and others, who is the wish-yielding tree to those who take refugo in Him.

शिक्येनिधायाज्य पयोदधीन-कार्याकृतायां मजनायिकायाम् । भुक्तवा यथेष्टं कपटे न सुप्तं-यालं भुक्तवं मनगा समरागि ॥५॥

5. I salute the Child Mukunda, who ato away all the curd and milk and pretended to sleep when the women of Braja (Gopis) were away from the house to look after their household duties.

> कलिन्द्र जान्तस्थित कालियस्य-प्रशासरेगे नट न विवेतम् । तन्त्रपद्धस्तं सरदिन्दु सरवे-यालं मुद्देरं सरमा स्मरामि ॥३॥

पापदयं पुरुयकरं पविलं--

बियब वियो च यशब महिम शहा

9. He who thus often reads with Sraddha and love the above eight verses on Mukunda. destructive of sins and creative of purity and virtues attains wealth, fame, knowledge and final liberation.

3. How sweet His Venu (flute), how sweet the dust of His feet, how sweet His speech and how sweet His feet; how sweet His dance, how sweet His friendship and how sweet is everything of the Sweetest of the Sweet!

> गीतं मधुरं पीतं मधुरं मुश्तं मधुरं मुखं मधुरम् । रूपं मधुरं तिलकं मधुरं मधुराधिपतेरस्थितं मधुरम् ॥४॥

4. How sweet His singing, how sweet His drinking, how sweet His act of freedom and how sweet His act of sleeping; how sweet His appearance, how sweet the sacred marks (Tilak) on His forehead and how sweet is everything of the Sweet is the Sweet state.

क्रम्पं मधुरं तरखं मधुरं इरखं मधुरं रमख मधुरम् । विमितं मधुरं रामितं मधुरं मधुराधिपनेरत्विलं मधुरम् ॥२॥

5. How sweet His acting, how sweet His summing, how sweet His act of stealing and how sweet His act of playing, how sweet His act of crying aloud, how sweet His silence and how sweet is everything of the Sweetest of the Sweet!

> तुत्रा मधुरा भाला मधुरा यमुना मधुरा बीची मधुरा ।

KAIVALYA-ASHTAKAM

मपुरं मपुरेन्योऽपि मंगलेन्योपि मंगलम् । पावनं पावनेन्योऽपि हरेनीमव केवलम् ॥१॥

1. Sweeter than all sweet things, auspicious of all auspicious things, purer than all pure things is the Name of Hari only.

चात्रक्षस्त्रस्वपर्यन्तं सर्वं साथामयं जगत् । सन्यं सन्यं पुनः सन्यं हरेनोभित्र केवलम् ॥२॥

2. From Brahma down to the pillar all are creations of Maya only. The blessed Name of Hari alone is the Reality. This is true. Again this is the only Truth.

स गुरः म विता सा माना वान्धवोऽवि मः । शिवयेचेन्यदा समर्तु हरेनेधीव केवलम् ॥३॥

 He alone is teacher, he alone is father, mother and relative who teaches one to remember Hari's Name only.

> निःशासे निहःविश्वासः कदारुद्धे भविष्यति । कीर्तनीयमनो यान्याद्धरेनोमेव केवलम् ॥४॥

 There is no certainty (as to) how long the breath will flow. It may stop at any time Therefore, one should sing the glory of Hari from boyhood and repeat His names at all times.

हरिः सदा वैसेत्तव यत्र भागवता जनाः । गायन्ति भक्ति भावेन हरेनीमैव केवलम् ॥१॥

5. Hari resides there at all times, where His devotees sing His names with great devotion.

चहो दुःखं महादुःखं दुःखाद्दुःखतरं चतः । काचार्थं विस्मृतंरलं हरेनोमेव केवलम् ॥६॥

6. It is a matter of great pain and grief that for the sake of the shell (of worldly pleasures) the precious jewel of Hari's name is forgotten. This is the greatest of all sorrows.

दीयतो दीयतो कर्णो नीयतो नीयतो यचः । गीयतो गीयतो नित्यं हरेनीमेव केवलम् ॥७॥

7. Again and again hear with thy ears (Hari's name), speak again and again with thy tongue (His name), sing again and again the names of Hari alone.

तृशीकृत्य जगन्ययं राजने सक्रपोपरि । चित्रानन्दमयं शुद्धं हरेनाँमैय केपलस् ॥८॥

8. That which shines above all reducing the whole world to a blade of grass, which is full of blies and light and which is ever pure, is the name of Hari only.

ACHYUTASHTAKAM

ष्यच्युनं केमवं राम नाराययं-कृष्य दामोदरं वासुदेवं हरिस् । श्रीयरं माध्यवं गोषिका वहार्य-जानकी नायकं रामचन्द्रं भने ॥१॥

 I worship the Lord of Janaki, Sri Ramchandra, (who is known by various names), Achyuta, Kesava, Narayana, Krishna, Damodara, Vasudeva, Hari, Sreedhara, Madhava and the Lord of Gopikas.

> श्रप्युनं केसवं सन्यभामाधवं-माधवं श्रीषरं राधिनाराधितम् । इन्द्रिशं मन्द्रिरं चेनसा सुन्दरं-देवद्धी नन्द्रमं सन्दर्धे संद्धे ॥२॥

' 2. I meditate in my mind on Achyuti, Kesava, the Lord of Satyabhama, Madhava, Sreedhara and the deity worshipped by Sri Radhika, the son of Nanda, the very beautiful form of the Lord of Lakshmi.

> विच्छावे डिच्छावे हास्तिने चहिन्छे-मित्रमणी रागिके जानकी जानके । बह्मवी बह्मभावार्कितायाच्याने-कंस विद्यमिने वंशिने ने नमः ॥३॥

3. I prostrate to Thee, O destroyer of Kamsa, the object of worship for the Gopis, the beloved of Rukmini, the life of Janaki, who art Vishnu, all-pervading, the bearer of conch and Sudarshana Chakra.

कृष्ण गोविन्द् हे राम नारायण-श्रीपने वासुदेवाजित श्रीनिषे । श्रद्युतानन्द्र हे माधवाष्ट्रपज-असका नायका द्रीपदी रहक ॥४॥

4. Pity me, Hey Krishna! Govinda, Rama, Narayana, the Lord of Sri Lakshmi, Vasudeva, the Invincible, the seat of Lakshmi, Achyuta, Ananda, Madhava, Adhokshaja (the Lord of the senses), the Lord of Dwaraka, the protector of Draupadi.

राक्षमक्षेत्रितः सीतवा शोभितो-दृश्डकारस्य भू पुरुष ता कार्स् । लप्पमणे नान्वितो वानरैः सेवितोऽ सस्य संपत्तिता राघवः पानुमाम् ॥१॥

5. May Raghava protect me who shines with Sita, who is enraged by the Rakshasas, who is followed by Lakshmana and served by the monkeys, worshipped by Agastya and by whose grace Dandakaranya derived its sanctity.

प्तना कोपकः सूरजा खेलनी-बालगोपालकः पातमां सर्वेटा ॥६॥

6. He who destroyed Dhenuka, Asistaka and others, the destroyer of Kesi and Kamsa, who plays on the flute, who enraged Putana, who played with the Gopalas at the Jamuna bank, may that Gopala-child protect me forever.

विशुदुयोनवध्यस्कुर द्वासमं-प्राष्ट्रधंभोदवन्द्रीद्वसद्विष्टहरू । ' वन्यया भालया गोभितोहस्थलं-लोहिताट्धिट्टयं वारिजार्च भन्ने ॥॥

7. I worship the two lotus feet of the Lord Vishnu with lotus-like eyes, spining with Pitambar, like the glow of lightning, with body like the clouds of the rainy season and with Vanamala adorning His chest.

> हुक्कितैः कुम्तदौः आजमानानम रामभीति स्तरःसुयद्वलं गरदयोः । हारकेयूरकं कक्छ श्रीज्यसं-किकिर्ण मन्तुलं स्वामलं सं भन्नै ॥॥॥

8. I worship the beautiful form of the Lord with long curly hairs, bedecked with pearls in the crown, with ear rings, with good green and red jewelled bangles and Kinkini (small bells) in the legs. श्रन्युतस्याष्टकं यः पदेदिष्टदं-प्रेमतः प्रत्यतः पूरुपः सस्प्रहस् । एचतः सुन्दरं कत् विश्वंभरः -तस्य यस्यो हरिर्जायते मध्यस्म् ॥ ६॥

9. He who repeats these eight verses on Achyuta with love and devotion everyday, to him the All-pervading Hari, the protector of the universe is attracted. (Literally, he makes the Lord his own. He draws the Lord to his side).

NARAYANASHTAKAM

-वात्मण्याद् भयपदानसमयादार्तार्तिनवर्षयणः -द्वादार्वाद्यसायग्राद्याद्वयस्थितः स्ट्रायः प्रवाद्यादः । संस्यः श्रीपतिरंक एव सततामेतऽभवन्यादियः प्रद्वादश्चः विभागस्थाकदिराद् पादात्यद्वित्या पूतः ॥१॥

I. Lord Narayana, the spouse of Sri Lakshmi is alone to be worshipped because of His loving nature. He bestows fearlessness and protection upon His refugees. He frees them from all cravings. He is very merciful. He destroys all sins and bestows all wealth and the Highest state—for this Prahlada, Vibhisana, the elephant-king, Panchali (Draupadi). Ahalya and Dhruva bear testimony. He is the Lord of this Universe. Therefore he should be adored at all times.

प्रह्लाङाहित बर्शभमे पर्रहरिः मर्वत ने प्रशंप-हमामे चेविमिति द्युवन्तमपूर् तताविरामादरिः। वहत्तमय विदारपश्चिमनेवारमय मापार्य-ताते प्राप्परायस्य-भगवाताराय्यो मे गतिः॥॥॥

2. "O Prahlada! if your Lord Hari is ever-where, is He in this pillar? If so show him to me". As soon as Hiranya, the demon king uttered these words, there appeared Hari and He with His own hands (nails) tore the heart of the wicked Rakshasa and showed mercy upon

भो कृष्णाच्युत ! भो कृषालय ! हरे भोवाण्डवानां सये-कासि फासि ! मुयोबनादपहर्ता भोः रङमामानुराम् । इरयुक्तोऽक्यवन्य संस्तृतनम् योऽपालयद्रीपत्री-

मार्नेदारा परायसः स भगशहारायसो मे गति. ॥४॥

5. "O Krishna! O Achyuta! O abode of mcrey! O Hari! the friend of Pandavas! Where art Thou? where art Thou? protect me (Draupadi) who am dishonoured by Duryodhana." He who gave to Draupadi the inexhaustible supply of cloth and thus protected her, may that Lord Narayana, the protector of the weak be my refuge and guide.

यरपादाङजनरमें दृष्टं श्रिजनातर्दं पार्थेम विध्यंसनं-यदामासून गुरकं च विवर्तः संस्तार सन्तारवस् । पार्याकोऽवि यद्भिषयप्रकारा जापास्त्रुनेसीचिन: यार्लसल् यतायासन अस्तराहारायणो सं गतिः ॥॥॥

6. May Lord Narayana who is the protector of the helpless be my refuge, the water falling from whose lotus feet (sacred Ganges) purifies the three worlds, whose name filled with nectar removes the fear of rebirth; whose grace (of His Lotus feet's dust) saved Ahalya from the great curse of the Sage. May He protect me.

विता आसागुनमामनगर्न बीनान गरि धुरी-रष्ट्या रुग्यमाग्यन्त्राप्टने प्राप्तायमानं गरः । यं गर्वा रुग्य बदाप नपमा हेमाहिसिंडामन-मार्त्यायपरायदाः स स्मावान्त्राययो से गतिः ॥॥॥

VISHNU STUTI

यं शैवा समुवामने शिव इति द्रकों नि बेदानितनः — बोदा दुद इति प्रमाण्यदेवः कर्नेति नैयायिकाः । बादेशित्यथं जैन जामनरनाः कर्मेति मोमांमकाः — मोधं वो विद्धातु बाध्यित्यक्तं श्रेलाचय नाभो हरिः ॥६॥

1. He whom the Saivas worship as Siva; the Vedantins as the Absolute Brahman; the Buddhists as Lord Buddha; the logicians, the great demonstrators, as the Creator; those following the teachings of Jaima as the Arhat and the ritualists as Sacrifice, may that Hari, the Lord of the three worlds, give you the desired fruit.

यं प्रक्षा बरुवेन्द्रस्ट सरगः श्वन्त्रन्ति दिग्वेस्त्रीः ~ वेदेस्त्रांतपदृष्टमोपनिष्ठैः गावस्ति यं साम्रगाः । प्यानावस्थित श्रद्गानेत्र सनसा परवस्ति यं वोगिती. यस्त्रान्तं न विदुः सुतसुरगणाः देवाष शसी नमः ॥२॥

2. Whom Brahma, Varuna, Indra, Rudra and the Maruts praise with divine songs; whom Sama-chanters sing with the Vedas and with Angas, in Pada and Krama with the Upanishads; whose glimpse or vision the Yogis get with their minds absorbed in meditation; whose end the Gods and demons are ignorant of; to that God all hail!

र्भ शान्ताकारं सुजगशयनं पद्मतामं सुरेशं विश्वाचारं गानत सरशं मेधवर्णं शुभाकम् । सरमोकान्तं कमलनयनं योगिर्मिध्यानगम्यं सन्दे विष्णुं भयभयहरं सर्वेलोकैकनाथम् ॥३॥

3. I bow to that Lord Vishnu whose form is Peace, who is sleeping on the bed of snake, who has lotus in the navel, who is God of Suras, who is the support for this world, who is like ether, whose colour is like cloud, whose limbs are beautiful, who is the husband of the Goddess Lakshmi, whose eyes are like lotus, who is obtained by Yogins in meditation, who destroys the fear of Samsara and who is the one Lord of all the worlds.

मेघरवामं पीतकीरोयवासं-श्रीवत्यांगं कीस्तुभोद्गासितांगम् । पुरुषोपेतं पुरुषी कायतार्चं विप्तु पन्दे सर्वेकोकैकनायम् ॥४॥

4. I meditate on Vishnu, the Lord of the three worlds, who is of the colour of fresh cloud, adorned with yellow robes and Sreevatsa jewel, who has lotus-like eyes and who is the storehouse of virtues.

> मशंखवर्कं सक्तिरिङ्ग्वडलं सर्पीतवस्तं सरसीरहेष्यम् । सहातवहस्यलश्चाभि कीस्तुनं नमामि बिस्तुः शिरसा चतुर्मुजम् ॥

 I prostrate before Lord Vishnu, who is adorned with conch, disc, crown, carrings, yellow robes, with garland and Kaustubba jewel.

> मूकं करोति वाचालं पंगुं लंडयते शिरिम् । यस्त्रपातमहं वन्दे परमानन्द माधवम् ॥६॥

6. I salute the Lord Madhava, who is of the form of Supreme bliss, whose grace make the dumb man speak fluently and makes the cripple cross mountains.

> रियमेव माता चित्ता स्वमेव-रेपमेव वन्तुक्ष मत्ता स्वमेव । स्वमेव विद्या द्रवियां रऽमेच-स्वमेव सर्वे मम देवदेव ॥७॥

7. Thou art my mother, Thou art my fathe. Thou art my relative, Thou art my friend Thou art my knowledge, Thou art my wealthou art my everything, Oh! My God of God.

धमको मा सहसय सभमो मा ज्योतिगमय मृत्योमोऽमृतं गमय ॥८॥

 From the unreal lead me to the R. from darkness to Light, and from death Immortality.

GOVINDA DAMODARA STOTRAM

(Selections)

ग्रप्रे कुरूग्रामथ पारदवानां-

दुःश्शासनेनाहृतयम्सकेशा । '

कृप्णा ! तदाको ग्रदनन्य नाथा--

गोविन्द दामोदर माध्येति ॥१॥

1. In olden days, when Draupadi was lragged by the wicked Dussasana in a public issembly of Kauravas and Pandavas the former cried aloud to Krishna for help in the following manner, "Hey Govinda, Damodara, Madhava."

्रशहरण दिष्यों मधुकैटभारे भवतानुकंपिन् भगवन्मुसरे । व्यायस्व मां केराव लोकनाथ-गोविन्द डामोदर माघवेति ॥२॥

2. "O Sri Krishna! Hey Vishno! O deatroyer of Madhu and Kaitabha! O Thou who art moreiful to thy devotees! O Bhagavan! the enemy of Mura, the Rakshasa, protector of the three worlds! save me, O Govinda, Damodara, Madhava."

विकेतुकामा किल गोएकन्या--ग्रगरि पारापित चित्तवृत्तिः।

दध्यादिकं मोहबसादवीच-

गोविन्द दामीदर माधवेति ॥३॥

Certain Gopis desirous of selling curd, milk, butter etc., were passing through the streets. Since their whole mind was absorbed in Lord Krishna, instead of shouting 'Curd, Butter, milk" they were calling aloud, "Govinda, Damodara, Madhava,"

> उल्लब संमृत तरहुलांध-संघष्टयस्यो मुराजीध मुख्याः। गायन्ति गोप्यो दनि हानुरागा गोबिन्द दामोदर माखवेति ॥४॥

4. The Gopis while they were pounding grains in the grinding stone (mortar), overcome by the Love for Krishna, began singing, "Govinda, Damodara, Madhava."

> काचित्वराम्भोजपटे निपर्गं-कीदाशकं किंशुक रक्षत्रदस् । श्रभ्यासयामास सरोस्ट्राची-मोबिन्द दामोदर माध्येति ॥४॥

5. Once a Gopi, with eyes like the lotus flower, while at play caught a beautiful parrot

with red bills, in her hand and taught the parrot to utter. "Govinda, Damodara, Madhava." पर्यंद्रिका भाजमलं कुमारं

प्रस्तापयमधोऽस्तिल गोपकस्याः । जगः प्रवन्धं स्वर साल बन्धं गोविन्द दामोदर मध्येति ॥६॥ The Gopis, while lulling their babies to leep in the swinging cradle sang, "Govinda, Jamodara, Madhava; in chorus to the accomjaniment of musical harmony.

क्रीडन्तमन्तर्धन्नसारमजं स्वं स्वयं वयस्यैः पदापाल धालैः।

प्रमा बशोदा समुदा जुहाव-

गोविन्द दामोदर माधवेति ॥०॥

7. With deep affection Yasoda called Krishna who was playing with boys of his age, "Hey Govinda, Damodara, Madhava."

गृहे गृहे गोपवप् कदम्याः सर्वे मिलित्वा समवाप्ययोगम्।

पुरुयानि नामानि पठन्ति निन्यं-गोविन्द् दामोदर माधवेति ॥¤॥

8. In every house the Gopikas whenever they got time assembled together and repeated the names of the Lord, "Govinda, Damodara, Madhava."

उन्याय गोप्योऽपररास भागे− समस्वा यशोदासतवालकेलिम् ।

गायन्ति काले द्धिमन्धयन्त्यो-गोविन्द्र दामोदर माधवेति ॥६॥

 Getting up early in the morning the Gopis churn their curd. At that time they remember the deeds of the son of Yasoda and sing, "Govinda, Damodara, Madhava."

द्ध्यादिकं सीहवशादवीच-गीविन्द दासीदर साधवेति ॥३॥

3. Certain Gopis desirous of selling curd, milk, butter etc., were passing through the streets. Since their whole mind was absorbed in Lord Krishna, instead of shouting 'Curd, Butter, milk" they were calling aloud, "Govinda, Damodara, Madhava."

उल्लो मंग्रत तरहतांश्र-मंपद्वयनयो ग्रातीश्र भुग्याः । गायन्ति गोप्यो दनि शतुरागा गोविन्द दामोद्दर माध्येति ॥४॥

4. The Gopis while they were pounding grains in the grinding stone (mortar), overcome by the Love for Krishna, began singing, "Govinda, Damodara, Madhava."

काबिकराम्भोजपुरे निषवर्षां-र्झाडाञ्चकं किञ्चक रङ्गनुगडम् । श्रम्यामयामाम सरोरुहाची-योविन्द् दामोडर साधवेति ॥२॥

5. Once a Gopi, with eyes like the lotus flower, while at play caught a beautiful parrot with red bills, in her hand and taught the parrot to utter, "Govinda, Damodara, Madhava."

> परवृद्धिका भाजमलं कुमारं प्रस्तापयन्तपोऽस्तिल गोपकन्याः । जसुः प्रवन्धं स्वर साल बन्धं गोविन्द् दामोदर माधवेति ॥६॥

6. The Gopis, while lulling their babies to sleep in the swinging cradle sang, "Govinda, Damodara, Madhava" in chorus to the accompaniment of musical harmony.

क्रीडन्तमन्त यजमात्मजं स्वं समं वयस्यैः प्रापाल वालैः ।

प्रेम्णा यशोदा समुदा जुहाब-

गोविन्द दामोदर माधवेति ॥७॥ 7. With deep affection Yasoda called Krishna who was playing with boys of his age. "Hey Govinda, Damodara, Madhava."

गृहे गृहे गोपवध् कदम्बाः सर्वे मिलित्वा समगाप्ययोगम् । पुगयानि नामानि पठन्ति निःयं-गोविन्द दामोदर माध्वेति ॥=॥

8. In every house the Gopikas whenever they got time assembled together and repeated the names of the Lord, "Govinda, Damodara, Madhava."

उन्याय गोप्योऽपरशत्र भागे-समृत्वा यशोदास्तवालकंलिम । गायन्ति काले दधिमन्धयन्त्यो-

गोविन्द् दामोदर माधवेति ॥६॥ 9. Getting up early in the morning the Gopis churn their curd. At that time they remember the deeds of the son of Yasoda and sing, "Govinda, Damodara, Madhava."

मुखं शयान निलये च विष्तुं -श्वेषि मुख्याः मुनयः प्रपद्माः । श्राप्यांच्युनं सन्मयतो प्रजन्ति-

गोविन्द दामोदर माधवेति ॥१०॥

10. Rishus like Narada and others approach the abode of Vishnu in Gokul and taking refuge in Him, pray to Him and attain the ever blissful state by repeating, "Govinda, Damodara, Madhava."

> विद्राय निज्ञो चरकोऽद्दवे च-विद्राय कृष्वानि च विद्रमुखाः। वेद्रावसने प्रपटनित निष्यं~

गोविन्द कामीद्द माधवेति ॥११॥

11. Getting up from bed early morning doing Sandhya and other rites at the end of the study of Vedas, the Brahmins repent daily the names of the Lord, "Govinda, Damodara, Madhava."

प्रवास रोध्या इव नीर्वकरणः— यातास्त्रपद्धांतन प्रतरेताः । भूले तरुयो मुनयो बश्-नः— गोविन्द् दामोद्द माधवेति ॥१२॥

12. Munis and sages who live on leaves, were and air, who have purified their bodies by severe Tapas, who have matted 'hairs, shining as the fresh sprout of a tree, sit under the shades of forest trees and repeat, "Govinda, Damodara, Madhava."

SRI KRISHNA KARNAMRITAM

(Selections)

मयि प्रमार्व मंतुरैः कटाचेः – वंशीनि नादानुचरैविवेहि । स्वयि प्रससे किमिहापरैने-स्वय्वप्रससे किमिहापरैनेः ॥१॥

1. O Lord! cast thy merciful glance on me with thy cheerful face adorned with the playing of the flute. If you are pleased with me, I crave for nothing else. If you are not pleased with me, nothing else gives me joy. (Worldly pleasures serve no purpose without thy grace.)

हे देव ! हे द्वित ! हे ज्यादेकवर्षी -हे हरूण ! हे चयक ! हे करसेक्सिर्ग्या । हे नाथ ! हे रसय ! हे त्रयनाभिराम ! हा हा कदा तुभविसासि वर्ष दशोमें ॥२॥

2. O All-pervading Lord! Thou art the only hope of this world. O Krishna, O occan of mercy, Hey Natha! He Ramana! Thy form captivates me. When shall I be blessed with thy vision? When will that day dawn when I can see you.

द्यमृन्यधन्यानि दिनान्तराखि-हरे स्वदालोकन मन्तरेख ।

द्यनाय बन्धो ! करवीक सिन्धो-हा ! इन्त ! हा इन्त ! क्यं नयासि ॥३॥

3. O Protector of the helpless! O ocean of mercy! How shall I pull on these days which are not at all pleasing to me, without thy vision.

सोयं मुनीन्द्र जनमानसतापहारी-सोपं मद्रमजवपुवसनापहारी । मोयं नृतीय भुवनेश्वर्यंहारी-मोयं मदीय हृदयांबुरहापहारी ॥४॥

4. This is the Lord (Krishna) who dispels sorrows from the minds of sages who do severe Tapas; this is the Lord who concealed the clothes of the Gopikas; this is the Lord who curbed the anger of Indra, this is the Lord who attracted my heart and immersed it in His depotion.

प्रेमद्व में कामद्व में वेदनक्र में वैभवक्र में । जीवनक्र में जीवितक्र में देवनक्र में देव नापरम् ॥४॥

5. There is no one else in this world who is my object of devotion; there is no one else who can fulfill my desires; there is no one else to enlighten me. Thou art my life itself. There is no deity greater than Thee O Lord! े यो रष्ट्वा यभुनां विषासुरनिशं स्यूहो गर्वा गाहते-विशुश्वानिति नीलकण्ठनियहो यां रप्टुमुत्कण्ठते।

उत्तंसाय तमाल पञ्चवमिति छिन्दन्ति यां गोपिकाः -

कान्तिः कालिय शासनस्य वपुषः सा पावनी पातुनः ॥६॥

5. May the unparalleled brilliance of the destroyer of Kaliya-serpent (Lord Krishna) protect us, seeing which the herds of cows approach for drinking water mistaking it for the Jamua river, the peacocks begin to dance taking it for the dark cloud, seeing which the taking it for the dark cloud, seeing which the Chrishes covered wistaking it for the tree Gopikas approach mistaking it for the tree from which they generally pluck leaves for their play.

मातर्नातः परमनुचितं यत्खलानां पुरस्ता-दस्ताशंकं जठरविडरी पूर्ववे वर्तितामि ।

तत्वम्तव्यं सहज सरले ! बत्सले वाशिकुर्यां--प्रायश्चित्तं गुर्खगर्खनया गोपवेषस्य विद्योाः ॥७॥

7. O mother! pray, excuse me for the trouble I have given you by remaining in your womb for ten months. Thou art always forgiving towards me. I shall do away with that sin by singing the praises of Vishnu who acted in the guise of Gopala Krishna (the attendant on cows).

ब्रापि जनुषि परस्मिक्षानपुरुषो भवेर्यं-_ तर भुवि यमुनायास्तादशो वशनालः। श्रनु भवति य एव श्रीमदाभीरस्नो-रघरमणि समीपन्यामधन्यामवस्थाम् ॥८॥ 8. The Lord's flute which is nothing but a piece of bamboo is so fortunate as to enjoy His company closer than any one else. Can I be so fortunate as to be born as a bamboo like that of the Lord's, near the Jamuna river in my next birth (so that the Lord may select me for his flute).

ष्यवि सुर्रात ! सुकुन्द स्मेर वस्तारविन्दभरत मधुर सङ्घे ग्वां प्रश्चम्याद्यवाचे ।
प्राचर मध्य मध्यं मध्यां भवावांकथव रहसि वर्धों सहवां सन्द सुनैतः ॥१॥

9. O dear finte! thou who enjoys the bliss of the breath of the Lord's mouth! I prostrate before you and beg of you to narrate my history to the Lord in His ears when you next go near His mouth.

> शमुना किल गोपगोपनार्थं-यमुनारोपमि नन्दनन्द्रनेन । यमुनार्वसम्भवः परे नः किमु नामी दारणार्थिनां शरुष्यः ॥१०॥

10. Will not the All-merciful Lord protect those who take refuge in Him when He has, in days of yore, saved the cows and cow-boys from the great fire on the banks of the Jamuna when He went to graze the cows?

> घोषप्रघोषशमताय सथोगुरोन-मध्ये वदम्य जनती नवतीन घोरम् ।

तदम्बनं खिजगतामुद्रराष्ट्रयाखां~ भाक्षोग कारखमहो नितरां बभूव ॥१९॥

11. Once Yasoda tied Sri Krishna to a post by His waist for the alleged thett of buttor to pacify the Gopa ladies of Gokul, but that act of hers proved to be the cause of great distress for the three worlds, depending on Whom the worlds exist.

मृन्दायने हुमतलेषु गर्वा गर्णेषु वेदावयान समयेषु च दरयने वत् । तद्वेत्यावद्ग परं श्रिप्तिविष्ट्य पूर्वे श्रद्ध समरामि कमलेष्यसभ्रतीलम् ॥१२॥

12. I meditate on that Supreme Reality which is seen in human form in Brindavan, under the trees and between the cows, with a crown decorated with the feathers of the peacock, and the flute fixed to His face, and who is realised as the fruit of the study of all the Vedas.

- Let the Yogis with their mind controlled by the practice of meditation visualize that Nirguna, actionless, indescribable and Supreme
- Jyoti, if they do; but for us that blue shining image that moves here and there on the banks of the Kalindi (Jamuna) river, ever comes before our eyes.

CHAPTER VII SANKARA DESIKA-STOTRAM

SRI SANKARA DESIKASHTAKAM

विदिवाखिलशास्त्रसुधाजलधे-महितोपनिपन्त्रधितार्गनिचे । हृदये कलये विसन्तं चरणं-भव शंकर देशिक से शरणस् ॥१॥

1. O ocean of the nectar of illumined knowledge of the whole Shastras! Thou hast revealed the treasure of the meaning of the great Upanishads. I meditate on thy pure lotus feet in my heart, O Sankara Desika (spiritual teacher)! be thou my refuge.

करणावरुवालय ! पालयमाँ-भवसागर दुःख विद्नहृद्दम् । रचिताखिलदर्यन सत्वविदं ! भव रांकर देशिक में शरवाम् ॥२॥

2. O ocean of mercy! protect mo who am sorely afflicted at heart by the pains of the terrible Samsara. Thou hast expounded the truth of the various schools of philosophy (Darsanas). O Sankara Desikn! be thou my refuge.

भवता शनता सुरिना भविता ! निज बोधविचारण चारमने । कलवेचर जीव विवेक विद्रं-भव शंकर देशिक से शरपम् ॥३॥ 3. By thee the humanity have attained happiness. Thou art very clever in the art of Self-enquiry (enquiry of true knowledge of Self.) O Sankara, my spiritual guide, I meditate on thee who expounded the identity of Jiva and Ishwara, be thou my refuge.

भव एव भवानिति में नितराँ-समजायत चेनित कौनुकिता। मम वारय मोहमहाजलुधि-भव शंकर देशिक में शारणम् ॥४॥

4. "Thou art my God" thus thinking my mind became full of joy. Dry up the ocean filled with waters of Moha in me, O Sankara Desika (Acharya), be thou my refuge.

सुक्तेऽधिकृते बहुचा भवता-भविता पद्दर्शन लालसता । इतिद्वानिममं परिपालय मां~ भव शंकर देशिक में शरणम् ॥४॥

5. It is by the result of great virtuous deeds performed by me for a long time that I have got in me a love for the vision of thy lotus feet. Protect this humble self, O Sankarn Desika, and be thou my refuge.

> जातीमिविन् कलिताहतयो -विवानित सहासह सङ्ख्लातः । श्रहिमांशुरि वाच विभाति पुरा -सव शंकर देशिक से शरणमा ॥६॥

6. It is for the redemption of mankind that great souls like your goodself move about from place to place. You appear before me like the bright sun, O Sankara Desika, be thou my refuge.

गुरुपुंगव ! पुंगवकेतन ते-समतामयतां नहि कोऽपि सुधी। शरगागतवस्सल ! तत्त्वनिवे ! भव शंकर देशिक में शरणम् ॥७॥

7. O my revered Sad-Guru! O best of men! It is impossible for anyone to gauge thy mental poise. O protector of the refugees! O treasure of Truth! O Sankara Desika, be thou my refuge.

विदिता न मया विशदैककला-न च किंचन काज्ञनमस्ति गुरो । द्रुतमेच विधेहि कृषी सहजी-भव शंकर देशिक में शरणम् ॥॥॥

8. I have not been able to find out any better treasure than the self worthy of possession. There is none equal to thee. Have the merciful glance on me which is thy natural the merciful glance on the which is the natural self-the se quality, O Sankara Acharya, be thou my refuge.

This prayer is composed by Sri Totakacharya in praise of Sri Sankaracharya, his preceptor (Guru).

SECTION II-NIRGUNA STOTRAS

CHAPTER VIII VIVEKA RATNAM

MORNING PRAYER

(Pratasmarana Stotram)

प्रातः स्मरामि हृदि संस्कृत्दात्मसर्वः-स्रचित्सुखं परमहंसगति तुरीयम् । यत्स्याजनार सुजुतमबैति निर्वः-नटवात निष्कलमहं न च मृतसंवः॥१॥

1. I remember the Atma Tattwa in the carly morning, who is Self-effulgent, in the lotus of the heart, who is Existence, Knowledge and Bliss, the Goal of Paramahamsas, the Turiya (the fourth state). I am He who is beyond the states of Jagrat, Swapna and beyond the states of Jagrat, Swapna and Sushupti, who is eternal, devoid of all parts, free from birth and death, and who is Allipervading Brahman. I am not aggregate of the elements.

प्रातर्भज्ञामि च मनोषचसामगम्यं-याचो विमान्ति निदिश्ता वद्युमदेख । यं नेति नेति वचनैः निगमा चयोचु-स्तं देवदेयमजमच्युतमादुरमयम् ॥२॥

2. I adore Him in the morning, who is beyond the reach of mind and speech, and by whose grace all these are illumined, whom the Vedas describe as "not-this" "not-this" and whom the knowers of Brahman describe as the God of gods, unborn, undying and the foremost.

प्रातनेमामि नममः परमकं वर्णः— पूर्णं मनातनपदं पुरुषोत्तमादवम् । यस्मिद्धिदं जगदरोप-रोग मृतौः— रज्जो भर्जगम इच प्रतिमामिनं वै ॥॥॥

3. I how to Him in the morning, who is beyond ignorance, bright as the Sun, ever-full, the eternal abode known as Purushottama and in whom this whole world representing full form is reflected like a snake in the rope.

> श्चोकत्रयमिदं पुरुषं लोकत्रपविभूषण् । प्रातःकाले परेचस्तु स्वाच्हेत्परमं पदम् ॥४॥

4. He who repeats in the morning these three sacred verses which are the ornaments of the three worlds will reach the Supreme State.

SRI SAT-GURU STOTRA

ॐ प्रक्षानन्दं परममुखर्दं केवलं द्यानसूतिं-इन्हातीतं गाम सद्यं तत्वमस्यादि लस्यम्। एकं नित्यं विमलमचलं सर्वयो साढि मूर्त-भावातीतं त्रिगुषारहितं सद्गुरु तं नमामि॥॥॥

1. I bow to that Sat-Guru, Brahman—the Bliss, the Bestower of Supreme Bliss, the One Bliss, the Bestower of Supreme Bliss, the One

the aim of "Tat-Twam Inmutable, the Witness (illuminator) of all intellects, beyond meditation or feeling, and devoid of the three Gunas.

चेत्रस्यं शाश्वतं शान्तं घ्योमानीतं निरंजनम् । नात्रविन्दुकलातीतं तस्मे श्रीगुरवे नमः ॥२॥

 I salute that Sri Guru who is pure Consciousness itself, the permanent One, screne, beyond ether, spotless, who is beyond Nada, Bindu and Kala.

गगनसद्द्यानेकं सचिदानन्द रूपं । विमलमचल मार्च सम्बमस्यादिलस्यम् ॥ सकल विपयमूलं मयेचीमाजियूनं । परममुखद्भावं मद्गुरुं भावयामि ॥३॥ 3. I meditate upon that Sat-Guru who is all-pervading as the sky, who is One (existing in reality), who is of the form of Existence, Knowledge and Bliss, Pure, Unmoving, the Ancient One, the aim of "Thou art That", the root of all objects, the Witness of all intellects and the giver of Superme Bliss.

यस्यान्तनोदिमध्यं निर्दे कर पर्स्य नामगोयं न सूर्य-न जातिर्नेय पर्यं न मयनि पुरयो न मपुर्स न पर ही। नाकारं न विकारं निर्दे जनन मरयो नास्ति पुष्यं न पापं-न तत्वे तत्वमेकं सहजममरसं सद्युरं वं नमामि ॥॥।

4. I salute that Sat-Guru who has neither beginning nor middle nor end, who has neither hands nor feet nor name nor Gotra, who has neither lineage nor class nor caste, who is neither masculine nor feminine nor neuter, who has neither form nor change, neither hirth, death, virtue, vice nor the elements, but the One Eternal verity possessed of natural containing.

खं हि विष्णुर्विदिष्यस्वं-र्थं च देवा महेश्वरः । रुत्रं चैव शक्ति रूपासि-निर्गुषास्यं समावनः ॥२॥

 Thou art Vishnu, Brahma and Maheswara. Thou art the form of Sakti, devoid of qualities and the Ancient One. ँ गुरुत्रहा गुरुविंच्छः गुरुदेवो महेश्वरः । गुरस्माचायरम्ब-सस्मै श्री गुरवे नमः ॥६॥

 I bow to that Sri Guru who himself is Brahma, Vishnu and Maheswara, and who is in reality the Supreme Brahman.

ध्यानमूलं गुरोमूर्ति पूजामूलं गुरोः पदम् । मन्त्रमूलं गुरोर्जावयं मोतमूलं गुरोकृपा ॥७॥

7. Guru's form is the basis of meditation. His feet are the root of worship, His words are the source of Mantra and His Grace is the root cause of Moksha (salvation).

श्रीमत्तरं ब्रह्म गुरुं स्मरामिन श्रीमत्त्रदं ब्रह्म गुरुं अज्ञामि । श्रीमत्त्रदं ब्रह्म गुरुं बदामिन श्रीमत्त्रदं ब्रह्म गुरुं बसामि ॥८॥

8. I remember Guru—the Supreme Brahman,—I worship Guru—the Supreme Brahman,—I talk about Guru—the Supreme Brahman,—and I bow to the Guru—the Supreme Brahman.

बारतद्वारदासादारं स्थापं येन वरावरम् ह तन्त्रदं वृतिनं येन तस्मै श्रीमुखे नमः ॥६॥ I bow to that Sri Guru, who pervades the whole Universe constituting of beings moving and unmoving and by whom is shown the state of That (Supreme Brahman).

> मञ्जाध श्रीजगलाध मद्गुर श्री जगद्गुर । समारमा सर्वभूतारमा तस्मै श्रीगुरवे नमः ॥१०॥

10. I bow to that Guru, who is my Lord, the Lord of the Universe, the Teacher of the whole Universe, my own Self, the Self of all beings.

> नित्यशुद्धं निराभासं निराकारं निरंजनम् । नित्यवोधं चिदानन्द्रं गुरुं महा नमाम्यहम् ॥१९॥

11. I salute that Guru Brahma, the ever pure One who is other than Abhasa (reflection), formless, spotless, and who is Eternal Wisdom itself. Consciousness and Bliss Absolute.

> ग्रज्ञानतिमिरान्धस्य ज्ञानांजनशलाकवा । चन्नरन्मीलितं येन सम्मी श्रीगुरवे समः ॥१२॥

12. Prostrations to that Guru, who has opened the eyes, by the collyrium-rod of knowledge, of those who are rendered blind by the darkness of ignorance.

स्थावरं इंगमं व्यासं यिकचित्म चराचरम् । तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः ॥१३॥ Salutations to the Guru who has made it possible to realise Him, by whom all this world, animate and inanimate, movable and immovable, is pervaded.

गुरुरेको जगन्सवै ब्रह्मविष्णु शिवात्मकम् । गुरोः परतरं नारित तस्मात्संपुत्रवेदगुरुम् ॥१४॥

14. The whole world representing Brahma (Creator), Vishnu (Protector) and Siva (Destroyer) is only the Guru manifested. One should adore his Guru as there is none other than the Guru.

ॐ नमः शिवाय गुरवे सधिशनन्द्र मृतंवे । निरत्नपद्माय शान्ताय निरालंबाय तेजमे ॥१४॥

15. Prostrations to Lord Siva, who is the Supreme Guru, who is an embodiment of Eternal life, Knowledge and Blies, who is free from all worldliness, who is an embodiment of Peace, who is without any support and who is the Light of lights.

नमस्ते मनते ज्ञान्कारवाय-नमस्ते विदे सर्वेषांझाहवाय । नमस्त्रे विदे सर्वेषांझाहवाय । नम्मे बहितनताय मुहिमश्य-नमें सहाये स्वायंति शाधनाय ॥१६॥

16. Prostrations to Brahman who is an embodiment of Truth, the cause for this world, the embodiment of wisdom, the support for

24. Salutations to the Guru who is established in Knowledge and Power, who is adorned with the garland of knowledge and who grants both worldly prosperity and liberation.

> मर्व धृतिशिरोरत्न ममुद्रासित मूर्तथे । वेदान्तांबुज मूर्याय तम्मै औगुरवे नमः ॥२१॥

25. Salutations to the Guru, whose form is radiant with the jewel of Vedanta and who is the Sun that causes to blossom the lotus of Vedanta.

> गुकारधान्धकारो हि स्कारस्तेक उच्यते । श्राज्ञान प्राप्तकं ब्रह्म गुरुरेव न संसयः ॥२६॥

26. The letter 'Gu' is darkness of ignorance. The letter 'Ru' is the light that dispels the darkness. It is the Guru who removes that darkness. There is no doubt of this.

निषये सर्वविद्यानां भिषते भवरोगिणाम् । गुरवे सर्वविद्यानां दिश्या मृतये नमः ॥२०॥

27. Salutations to Dakshinamurti, the abode of all learning, the physician to all those afflicted with the disease of worldly existence, the teacher of all.

भावारस्य प्रविष्टस्य दिग्मोत भ्रान्ति चेतमः । येत मन्द्रसित पन्या सस्मै धीतुरवे तमः ॥२८॥ 28. I bow to that Guru who shows the path to that man whose mind is bewildered in this forest of Samsara and who has lost the way on account of Moha of Dik Bhranti (illusion of direction).

गुरुरादिरनादिश्च गुरुः परमदैवनम् । गुरोः परतरं नाहित तस्मै श्रीगुरवे नमः ॥२६॥

29. The Guru is the beginning; yet He is without a beginning; the Guru is the Supreme Lord; there is no other than the Guru: salutations to that Guru.

BHAJA GOVINDAM

दिनमपि रजनी सार्व प्रातः शितित् थमन्त्री चुनरायातः । कालः मोद्यति शच्छरयातुः संदपि न मुख्यासावादुः ॥१॥

 Days and nights, morn and eve, spring and autumn are all passing away one after another. Seasons rotate. Time plays (flies). Life decays. But alas! greed never leaves the man.

> भज गोविन्दं भज गोविन्दं-भज गोविन्दं मृदमते । प्राप्ते सम्बद्धिते मरखे-नहि महि स्वति दुकुल, करखे ॥२॥

2. O thou ignorant one! sing Govinda, the name of the Lord. When you are in death bed, the study of grammar (incorrectly) will not help you. Therefore, take refuge in the Lord and sing Govinda. Govinda!

> ग्रहे वहिः १९ भान्-राधौ चित्रुक समर्पित जातुः । करतलभिषा तस्त्रलवासः सदपि न सुद्धन्यासापासः ॥३॥

3. In front there is fire, at the back there is sun. In the night he suffers from cold and sleeps placing his face between the knee-caps. He uses his hands as the begging bowl. He sleeps underneath the tree. Yet the desire in him has not left him.

यावद्वित्तेपार्जनसङ्गस्तावन्तिज्ञ परिवारो रङ्गः । पश्चाद्वावति कर्जरदेहे वार्ता गृष्टङ्गति कोऽपि न गेहे ॥४॥

4. As long as one can earn money, so long will his wife, sons and other relatives love him. When there is no moome, when he is afflicted by disease and old age nobody will ask him even, "Are you alright? How do you do?"

कटिलो सुरुडी लुखितकेशः कापावाम्यर बहुकृत वेषः । परयक्षपि च न परवित सृढो-उदर निमित्तं बहुकृतवेषः ॥१॥

5. For the sake of this stomach, what all disguises man puts on. One grows the head, another shaves his head, another puts on orange robes. The ignorant man sees not (the Reality) though he has eyes to see.

भरावद्दगीत किञ्चिद्योता-मंगाजलाल कविका पीता । महृद्दि यस्य सुरारि समर्च-तस्य यमः कि कुरने चर्चाम् ॥६॥ 6. What can Yama do unto the man who has studied a little of Gita, who has drunk even a little of the Ganges water, and who has worshipped Muran (Lord Vishnu) even once? Yama can do nothing to such a person.

श्रंम गलितं पलितं सुवर्दः-द्रश्नविद्यानं जानं नुबद्धम् । जृद्धो याति गृहोत्या दर्श्यः-तद्वि न सुद्धाःचाराविषदम् ॥॥॥

7. Man has become weak. All his organs have become infirm. Hairs have become grey. All teeth have fallen. The old man walks with the help of a stick. Yet desire has not left him.

वासम्बाबन्द्रीडास्प्रस्तरणस्तात्रतस्यारहः। वृद्धस्तावश्चिन्तासम्बः परं ब्रह्मशि बोऽपि व लग्नः ॥=॥

8. In childhood he is absorbed in play. In adolescence he is a slave of lust. In old age he groans under desires and care. (When will he find time to thuk of God?) No one is intent on the Supreme Brahman.

पुनर्शव जनमं पुनरवि सरशं-पुनर्शव जनभी जठरेशयमम् । इह संसारे खलु हुरतारे-इस्याध्यारे पहिसुरारे ॥६॥ Taking birth and again dying and again lying in the mother's womb, (I suffer) O Lord! have pity on me, and save me from this terrible Samsara (of births and deaths).

> पुनरिष रजनी पुनरिष दिवसः पुनरिष-पतः वुनरिष मासः । पुनरप्ययनं पुनरिष वर्षं नदिष न-सुज्ञति स्वारामर्यस् ॥१०॥

 Again and again days, nights, fortnights, seasons. six months, years, etc come and go; still greed does not leave the man.

वयम् गते कः कामियकारः
गुण्के नीरे कः कासारः ।
नष्टे द्रवेषे कः परिवारोनाते तत्वे कः मंसारः ॥११॥

11. In old ago where is desire and passion? the waters have dried up what is the use of a tank? When wealth is exhausted where are the relatives? (They fly away). When the Truth is realised where is Samsara? (It vanishes instantaneously).

नारीस्तनभरः नाभिनिवेशं-मिल्पा गायामोहावेशम् । एतन्भांमवसादि विकारं-मनसि विचारय वारम्वारम् ॥१२॥ 12. Do not be infatuated by looking at the breasts of fair ladies. Think always that it is only a mass of flesh. Rotate this idea in the mind often and often.

> करूवं कोऽई सुनः ध्यापातः का में जननी को में तातः । इति परिभावयं सर्वससारं-विश्वं त्यक्तवा स्वप्नविधारम् ॥१३॥

13. Who art thou? Who am I? Wherefrom have I come? Who is mother? Who is father? Thus do thou reflect leaving aside all objects which are perishable and this world which is like a mere dream.

रोवं गीता नाम सहस्र' प्येषं श्रीपति रूपमज्ञमम् । नेयं सज्जन संयोचिषं-देवं दीनजनाय च विचम् ॥१४॥

14. Gita and the Sahasranama are to be sung. Meditate always on Vishnu. Seek the company of the wise. Distribute your wealth to the poor.

> बाबजीया नियमित देहे-तावण्डच्यति वृक्तलं गेहे । शनवति वार्या देहायाये-भाषी विश्यति कम्मिन्काये ॥३२॥

15. When man is alive people in the house enquire about his welfare. The moment the life departs even his beloved wife dreads to look at his body.

सुखतः क्रियते रामा भोगः
 पक्षाद्वंत शरीरे रोगः ।
 पक्षाद्वंत शरीरे रोगः ।
 पक्षाद्वंत शरां शरणं तदिप न सुबति पापाचरणम् ॥१६॥

16. In the beginning people enjoy all sensual pleasures, in the end they get incurable diseases, at last death takes them away. It is a great pity that knowing this people do not desist from evil.

रध्याचर्पट विरचित कन्धः पुरुषापुरुष विवर्जित पन्धः । नार्हं नत्वं तायं लोकस्तद्यि-किसर्षं क्रियते शोकः॥१७॥

17. Clad in rags of the street, having, gone beyond good and bad Karmas, knowing that "neither there is 'I', nor thou nor this world, why do you (O child) feel grieved? Grieve not."

कुरने गंगासागर गमन-व्यवपियालनमध्या दानम् । ज्ञानविद्यानः सर्वमतेन-महिः भवति न जन्मरातेन ॥१८॥ 18. One may take bath in the Ganges, go to Gangasagar, observe vows, give charity; without knowledge (of Self) all these are of no use. Liberation will not result without Gyana even after the lapse of hundreds of births.

सम्यंगभ्वे निस्मंगम्बं-

निस्संगन्वे निर्मोदत्वम् ।

निमोहन्वे निश्चल चित्तं-

निश्चलचित्ते जीवन्मुक्रिः ॥११॥

19. By the company of wise comes nonattachment to objects, from non-attachment comes absence of delusion, when delusion is destroyed the mind becomes pure and when the mind is purified Jivanmukti (liberation-whilealive) ensues.

> योगरतो वा भोगरतो वा-संगरतो वा संगविद्वीनः । यस्य प्रकृतिः रमने चित्तं-मन्द्रति नन्द्रति मन्द्रस्वेव ॥२०॥

20. Following Yoga or enjoying Bhogaliving amidst friends and relatives or living alone, if a man's mind rests in the Brahman, he rejoires. He always rejoices. He has no grief.

DWADASA MANJARI STOTRAM

मूद अहीहि धनागमनृष्णां-दुरु सद्धुद्धि मनसि विरृष्णाम् । यञ्जभसे निजकसोषानं-विसं नेत्र विनोदय चिनम् ॥१॥

1. O foolish man! Remove the thirst for hoarding money from your mind. Entertain good thoughts. Have dispassion. Feel contented with whatever money you get by your own duty.

> श्चर्यमन्धं भावय नित्यं-नाम्ति ततः सुखः लेशः सत्यम् । पुत्राद्धि धनभाजां भीतिः मृदंदेषा विहिता नीतिः ॥२॥

Wealth is dangerous. Feel this always.
 Verily, there is not even a bit of happiness in wealth. Even from his own son a wealthy man has to fear. This is the fate of all wealthy people. Everywhere this is true.

का ने काम्ता करने दुग्नः मंमारोऽयमतीय विचित्रः । कस्य एवं कः कुत स्वायातः तथ्यं चिन्तय तदिह आतः ॥३॥ 6. Living in the temple of Gods or underneath trees, lying on the ground, wearing deer skin, leaving away all enjoyable objects without reserve, will not such a kind of dispassion create great happiness in men? (surely it will).

शत्री मित्रे पुले बन्धी माकुरु बत्नं
• विद्यह सन्धी ।
भव समचित्तः सर्वत खं वाण्यस्यविदास्तति विष्णुत्वम् ॥॥॥

7. Do not make any effort either in acquiring friends, sons or relatives, or in removing your enemies. Have equanimity always. This is the best way to attain the status of Vishnu.

त्वयि सर्वि सर्वेत्रैकोऽविष्णुः द्यमें कुष्यसि सटवसहिष्णुः । सर्वेरिमद्वपि परपात्मानं मर्वेत्रो– स्टान सेनानांतमः ॥=॥

8. In me, in you, everywhere is Vishnu. Why do you vainly get angry with me? See everywhere the Self or Atman and leave off the differentiating mentality.

> प्राचायामे प्रत्याहारं -नित्यानित्य विवेक विचारम् । जाप्य मनेत समाधि विधानं -क्वेवधानं -महदक्षानम् ॥३॥

9. Do Pranayama and Pratyahara. Have discrimination between the real and the unreal Do Japa., Having done all these (Sadhana) aspirants can attain Samadhi, the highest of all disciplines.

> निजनीद्रष्टमास मिलले सरलं-नद्वश्रीवितमतिशय खपलम् । विद्धि व्याध्यभिमान प्रस्ते-कोकं शोकहर्त च समस्तम् ॥३०॥

10. The drop of water fallen in the lotus leaf is always shaking and unsteady; so is life here unsteady. By disease, vanity and various other sorrows this Samsara is bound. The ignorant suffer from various tribulations.

> कातेऽशदरादेशे चिन्ता-बातुल किन्तव नास्नि नियन्ता । यस्वां हस्ने सुददनिबद्धं-बोधयित प्रभवादि विरुद्धम् ॥५५॥

11. O foolish Jira! Why are you entertaining thoughts in a variety of objects (eighteen places)? Is there nobody to control you, who will bind you hand and foot and teach you the true knowledge which is beyond (opposed to) Samsara i.e., Atma Gyana?

गुरु चरशान्तुज्ञ निर्मेर मङ्गः मंतारादचिराद्वव मुङ्गः ।

सेन्द्रिय मानस नियमादेव-द्रश्यसि निज हृदयस्य देवम् ॥१२॥

12. With intense devotion to the feet of the Guru, with mind and senses under control, freed from the bondage of Samsara, thou wilt at last cognise the Self residing within thy own heart.

> द्वांदरा पञ्जरि कामयण्यः शिष्यायां-कित तो सुपदेशः । येपां चित्ते नैव विवेकत्तेपच्यन्ते नरक मनेकम् ॥१३॥

13. These twelve verses were the instructions to his disciples (of Sri Sankara). Those who are devoid of Viveka (discrimination) will suffer a great deal of the pangs of hell.

SADHANA PANCHAKAM

वेद्रिनित्यमधीयतां तदुदिनं कमेर्यज्ञुष्टीयताम्-तेनेशस्य विधीयतामधीयतिः कार्यः मतिस्यायमाम् । पाषीधः परिभूषतां अवसुगि देश्येजुमन्धीयनाम् । स्थामेर्यान्ययमीयतो निजग्रहान्त्यं विनिर्मान्यताम् ।।।।।

1. Study the Vedas daily. Do properly the actions that are enjoined there. Offer the fruits of actions as Ishwararpana and do worship of Ishwara through Karmanushthan. Remove the desire for Sakamya actions. Be away from the sinful actions. Reflect on the evils of sensual pleasures of this Samsara. Cultivate firmly the desire for self-realisation. Leave the house at once.

संगः मन्मु विश्वयतो भगवते भद्रिष्टदार्थायताम् – शाल्यादिः परिचीवतां षडतरं कर्मागु मल्यायताम् । सद्विद्वानुप्रस्थेतो प्रतिदिनं तत्पातुका मेच्यताम् – वर्षो कात्रसम्पर्ततो श्रतिशिरोवाषयं समाक्षण्येताम् ॥२॥

2. Have the company of the wise. Develop firm devotion towards the Lord. Cultivate firmly virtues like Santi, etc. Give up Sakamya (selfish) actions at once. Go to the best teacher. Serve his lotus feet daily. Try to get the knowledge of the one-syllable Brahman. Hear, the great sentences (Mahavakyas) of Upanishada (Vedanta).

वाक्यापंश्च विचार्यतां श्रुतिश्वरः वचःसमाधीयतां-दुस्तकांसुविदम्यतां श्रुतिमतस्तकांसुसन्धीयताम् । मुद्येपासिम विभाज्यतामहरहः गर्वः परित्यज्यताम्-दृदेऽद्गमतिरुज्यतां गुजकनैः बौदः परित्यज्यताम् ॥३॥

3. Enquire into the significance of the Mahavakyas (great sentences). Take refuge in Vedanta. Save yourself from unnecessary vain discussions. Reflect by logical reasoning statements that are in agreement with the Srutis. Meditate day and night on the truth that 'I am Brahman'. Remove the egoism. Remove the idea of self (Deha-Atma Budhi) in body. Do not argue unnecessarily with the spiritual teachers.

छुद्रपाधिक विकित्स्वतं प्रतिदिनं भिज्ञेषयं गुज्यतं । रत्ताद्धं न तु वाज्यतं विधिवशाधारेत सन्तुज्यतम् । शीतोच्यादि विपद्मतां नतु दृवा वावयं समुवायताम् -वीदासीन्यमभीन्यतते जनकृपा नैदुर्यमुग्यस्यताम् ॥शा

4. Treat the disease of hunger. Eat food (Bhiksha) as medicine. Never ask for get by chance. Be contented with what you get by chance. Endure heat and cold. Give up idle talk. Live to be an Udascen (Indifferent), Give up mercy and harshness for the people of the world.

प्कान्ते मुखमास्वतां परतरे चेतः ममार्थायतां -पूर्वारमा सुममीरयतां जगदिदं तदाधितं दरवकाम् । प्रावर्मे प्रविश्वित्यतां चितिवलाक्याच्युनरैक्षिण्यतां-प्रारक्येत्विह भुज्यताम्य परव्रहात्मना स्थीयताम् ॥२॥

5. Sit comfortably in solitude. Fix the mind on the Supreme Self. Realise the All-full Brahman. The world will vanish when the Self is realised. Dissolve the Sanchit Karmas in the Self by the force of Gyana. Avoid by strong will connection with the current actions. Enjoy in this life the Prarabdha. When the enjoyment of Prarabdha is over get established in Brahman.

यः श्लोकपञ्चकमिदं पठते मनुष्यः सञ्चिनतयत्वनुदिनं स्विरतामुवेन्य । तस्याग्र संस्तिदवानकः तोवंपोरः-

तावः प्रशान्तिम्वयाति चितिप्रमादातः ॥६॥

6. The burning fire of Samsara and the terrible Tapa are freed through the grace of Brahman for those who study daily these five slokas, and who enquire with a calm mind daily into their significance.

CHAPTER IX

VEDANTA STOTRAS

ATMA PANCHAKAM

नाहं देही नेन्द्रियाश्यन्तरंगं भाहंकारः शास्त्रकोरं न बुद्धिः । सारापस्यक्विमादिकरः

मार्ची नित्यः प्रत्यगातमा शिवोऽहम् ॥१॥

I. I am neither the body, nor the internal organs, nor the senses, nor the ego, nor the vital forces and nor the intellect. I am Siva the blissful inner Self, the Eternal witness who is far away from the worldly objects of wife, son, wenth and home.

रज्ञानाताति रज्ज्ञार्थणाहि स्वाप्त ज्ञानादारमयो जोवभावः । ' श्रासोक्त्या हि आस्ति तारो सरज्जू जीवां नाहं देशिकोक्त्या शिवोऽहम् सरस

2. Through ignorance the Atma appears to be a Jivn just as by delusion a rope appears to be a snake. By the words of a trustworthy man the illusion disappears and the snake is known to be no other than a rope. Even so, I realise that I am not Jiva (the individualised Soul) but Siva alone by the words of the preceptor.

शाभातीदं विश्वमाग्मन्यसत्यं मायज्ञानानम्द स्वे विमोहात् ।

निद्रा मोहाप्स्वप्रवस्य स्थ्यं • शक्तः पूर्णो निष्य एक शिवोऽहम् ॥३॥

3. This unreal world appears to exist in the Sat-Chit-Ananda Atman through delusion like things seen in dream but not in reality. I am Siva the one without a second who is Eternal, Pure and Perfect.

> मत्तो नाव्यक्षिंबदसारित विश्वं सर्व बाद्यं वन्तु मावीवप्रसम् । बाद्योननर्मायमानस्य तुरुवं मध्यदेते भाति सस्माविद्योऽहम् ॥॥॥

 There is no universe really other than myself. It is by Maya that things external are super-imposed upon me who is Advaita. They are like reflections in a mirror. So I am Siva.

> जाहं जातो न प्रकृषो न नष्टो नेहस्योकाः प्राकृता सर्वे धर्मो । कर्नृत्वादिश्चित्मयस्यास्ति ना-हं कारस्यैव हाय्सनो मेरिवोऽइस् ॥

5. I am neither born, nor do I grow nor die. All these so-called changes are the Dharmas (the qualities born of Nature that pertain to) of the physical body only. The idea of agency etc., belongs to the ego only, but not to Me the Atma, (the Self which is pure Intelligence) as I am Siva, the Infinite Being Himself.

नाहं जातो जन्ममृत्यू कुवोमें नाहं प्रायाः चुलिपासा कुवोमे ।

नाह प्राचाः ऋष्यस्था कुटाम ।
नाहं विश्वं शोक मोही कुटामे
नाहं कहाँ बन्धमोरी कुटामे
नाहं कहाँ बन्धमोरी कुटामे ॥

6. I am unborn, how can I have birth and death? I am not the Prana (vital air). How can I have hunger and thirst? I am not the mind, how can I have sorrows and delusion? I am not the doer, how can I be bound or liberated?

KOWPEENA PANCHAKAM.

वेदान्तवाश्येषु सदा रमन्तो भिराष्ट्रमात्रैण च तृष्टिमन्तः । स्रशोकवन्तः कर्त्योद्धवन्तः कीपीनयन्तः स्तृ भास्यवन्तः धाः॥

l. Always dwelling in the teachings of the Vedanta, contented with food received by alms, free from grief, full of mercy, with a piece of loin cloth (to cover their nakedness)—such people are really the most lucky.

मूर्व तरीः केवलमाध्यन्तः पाणिद्रये भोगनुममत्रयन्तः । कम्थामयि सीमिव कुम्मयन्तः कीपीनसन्त सलु भाग्यवन्तः ॥२॥

Depending upon the trees alone as the roof, using the hands alone as vessel for cating, rejecting even the torn clothes as if it were a woman, those indeed are really lucky who wear only a Kowpeena (strip of cloth).

> देहाभिमान परिहत्स दूरान्-श्रामानमान्मन्यवलोकसन्तः । श्रहतिशं प्रस्रिति थे समन्तः क्षीपीनवन्तः खलु भाग्यवन्तः ॥३॥

 Caeting off the body idea at a great distance, seeing the Self alone within themselves, who delight in Brahman day and night, they alone are lucky who have a Kowpeena only to wear.

> स्वानन्दभावे परितृष्टिमन्तः स्ववान्तसर्वेन्द्रियकृतिमन्तः । नान्तः न मज्यं न वहिः समस्तः कौपीनवन्तः सातु भाग्यवन्तः ॥४॥

 Satisfied with the Self alone, calming the activities of the inner organs, having no consciousness of inside, middle or outside, such men are really lucky wearing only a Kowpeena.

> पञ्चाशरं पावनमुष्यस्तः पश्च पश्चनां हृदि भावयन्तः। भिजारानादिष्टपरिश्रमन्तः कीपीनवन्तः स्वलु भाग्यवन्तः॥

Uttering the sacred Panchaksham, meditating on Lord Siva, wandering from place to place living on alms, they are indeed worthy of praise who have a Kowpeena alone to wear.

MANEESHA PANCHAKAM

जावस्वमसुष्रितिषु स्पुटनसा या मीविद्रज्ञुम्बते । या प्रकारिविधीविकाम्तनसुषु प्रोता जगन्यादियो । भेवाहं न च स्रवयस्थिति स्वप्रक्षावि वस्यास्ति खेतु । सायडालोऽस्तु म सुद्विहोऽस्तु गुरुरि स्वेपा मनीपा सम ॥१॥

1. That All-knowing Self, who shines as the witnessing subject in all the three states—waking, dreaming, and deep sleep,—who permeates all objects from Brahma down to the ant,—an I and not these visible objects. Whoever has a firm and steady conviction of this Truth is my real Guru, be he a Chandala or a Brahmin. This is my strong belief.

ग्रह्में बाह मिर्न जगण सकर्त्र विस्माप्रविस्तारितम् । सर्व पैतद्रविषया श्रिपुतपाऽगेर्व मया ब्रहिपतम् । हम्बं यस्य दडा सति: सुखरते नित्ये यरे निर्मेशे । बावडासीऽमा सत्वद्रिकीऽस्य गुरू रियोवा मनीया सम् ॥२॥

2. This vast universe including myself is Brahman only in the form of one expanded chit (consciousness) manifested everywhere. This world of three Gunas is superimposed on me by Avidya. Whoever has thus the steady knowledge of the ever pure and blissful reality, is my real Guru, be he a Chandala or a Brahmin. This is my strong belief.

शभक्तभामेव विश्वमस्त्रिलं निश्चित्व वाचा गुरे-निष्यं प्रद्रा निरन्तरं विमृशता निर्व्याज्यान्तारमना । भूतं भावि च हुप्कृतं प्रदहता संवित्मये पावके-प्रारच्याय समर्थितं स्वयपुरित्येषा मनीषा मम ॥३॥

3. One who has been inspired by the Guru to the determination that this world of names and forms is perishable, who is free from impurity of mind, peaceful, ever engaged in the meditation of the Eternal 'Self, who has burnt up all past and future sins by the fire of knowledge, and who has offered this body to the Prarabdha (current experience) is my real Guru, be he a Chandala or a Brahmin. This is my strong belief.

या तिर्वेष्ट् नरदेवताभिरहमित्यन्तः रकुरा सृक्षी-यद्भासा हृद्याचरेड विषया भान्ति दश्कीऽयेतनाः । तो भार्येः विदिताकं सबदल निभी रहतिं सदा भारयन्-योगी निर्मुतमानमे हि गुरुरिस्येषा सर्वाणा सस ॥४॥

4. That consciousness which shines as the T in the hearts of all beings, man and the Devatas, by whose light the insentient objects like the intellect, mind, body, senses etc., shine in their functions—he who ever meditates on that conscious being, which is non-attached to objects like the sun who illumines them, and ever remains happy, is my Guru. This is my strong belief.

यामीरयाम्बुधिकेशकेशक इसे शकादयो निर्देशा. — यधिसे नितरां प्रशान्त कल ने सक्त्वा सुनिनिर्देशः । यस्मिष्टित्य सुन्तास्त्रुधा गलित भी प्रश्लीय न प्रहावित्— यः कश्चित्य सुरेश्व वन्दितपुरी तनं सर्वाणा सम् ॥४॥

5. Getting even a particle of the drop of the bliss of that ocean of the ever-blissful Being, Indra and others merge in happiness, by attaining which the Sage rests ever contented—one whose intellect is immersed in that blissful ocean of Brahman becomes Brahman himself and not the mere knower of Brahman, such a man is to be adored by even the Lord of the Devas. Such is my firm conviction.

NIRVANA SATAKAM

मनोबुद्धधर्दकारिवज्ञानि नार्षे न च क्षेत्र तिद्धे न च प्राय नेत्रे । न च व्योग मुमिनेतेजो न वायुः चित्रानन्तः रूपः त्रिवोऽद्धं शिवोऽद्यम् ॥१॥

1. I am neither the mind, nor the intellect, nor egoism nor the mind-stuff (Chitta); I am neither the senses of hearing, the tongue, the nose, the eyes, nor the ether, the earth, the fire, the air; I am Existence Absolute, Knowfire, the air; I am Biss Absolute; I am Siva, I am Siva.

न च प्राचसंको नवेपप्रशयुर्व-वासस्वायुर्वे वा प्रश्रकेशः । न पात्रयाचि पार्वे यचोपस्य पाप् विदानन्दः रूपः शिवोऽद्दं शिवोऽहम् ॥२॥

2. I am neither the vital Prana nor the five vital airs; I am neither the seven elements that constitute the body nor the five sheaths; I am neither the five organs of action, riz., speech, hands, feet, anus and genitals, I am Speech, the seven the seven speech of the seven seven and seven and Existence Absolute. Knowledge Absolute and Bliss Absolute. I am Siva. I am Siva.

न से देणागी न से मोभ सोदी~ सरो नैव से नैव सामर्थ भागः।

न धर्मों न साथों न कामों न मोदः चिदानन्द रूपः शिवोऽहं शिवोऽहम ॥३॥

3. In me there is neither love nor hatred, neither greed nor delusion, neither pride nor jealousy, neither Dharma (duty) nor Artha (wealth), Kama (desire) nor Moksha (salvation). I am Existence Absolute, Knowledge Absolute and Blüs Absolute. I am Siva, I am Siva.

न पुरर्य न पापं न सुर्य न दुःस न मन्त्रों न तीर्थं न वेदाः न यहाः ! यहं भोजनं नैव भोज्यं न भोज्या-विदानन्द रूप शिवोऽहं निवोऽहम ॥॥॥

4. In me there is neither virtue nor sin; neither happiness nor misery; neither Mantra nor pilgrimage; neither scriptures nor sacrifices; I am neither the enjoyer, the enjoyed nor the enjoyment. I am Existence Absolute, Knowledge Absolute and Bliss Abvolute. I am Siya. I am Siya.

न संखुनै शंका न से जाति भेदः पिता तैव से नैव साता च जन्म। न बन्धुनं सित्रं गुरुनैवशिष्यः विदानन्द क्यः शिवोऽद्यं शिवोऽद्यम् ॥४॥

5. For me there is neither death, nor doubt, nor easte distinctions; neither parents, birth, friends, nor relatives, neither Guru nor

disciple; I am Existence Absolute, Knowledge Absolute and Bliss Absolute. I am Siva, I am Siva.

> श्रष्टं निर्धिकागी निराकार रूपी विभुत्वाच सर्पत्र सर्पेन्द्रियाणाम् । मदा से समत्वं न मुन्ति नैयन्य चिदानन्द रूपः शिषोऽहं शिषोऽहम् ॥६॥

चिदानन्द रूपः शिवोऽहं शिवोऽहम् ॥६

6. I am changeless and formless. I.pervade everywhere. I am the Lord of the senses. I am ever the same. I have neither liberation nor bondage. I am Existence Absolute, Knowledge Absolute and Bliss Absolute. I am Siva, I am Siva.

OMKARA STOTRAM

र्वेकारं बिन्तु संयुक्तं नित्वं ध्यायन्ति योगिनः । कामदं मोषदं चैव श्रॉकाराय नमो नमः ॥१॥

 The Yogins always meditate upon OMKARA which has an Anuswara (denoted by a point) on it. This OMKARA is the bestower of all desires and salvation. We bow down to the Supreme OMKARA.

> स्मरंबात् कीर्तनाद्वापि श्रववाच जपादपि । श्रद्धा तथाप्यते निर्वा ॐ इत्येतस्परायसम् ॥२॥

 That Supreme Brahman is attained by devoted contemplation, bearing, Japa and Sankirtana of OM at all times.

> कै इति स्मरश्जेनैव महाज्ञानं परावरम् । तदेकमोचसिद्धि च तदेवामतमरनुने ॥३॥

By the mere thought of OM one attains the highest Brahma Gyana, the state of final liberation and Immortality. तैलघाराभिवाच्छितं दीर्घंग्रानिनादवत् । उपास्यं प्रणवस्याप्रं यस्त्रं ग्रेड स वेदवित् ॥शा

4. He who meditates on the Pranava in a continuous stream of thought like that of oil poured from one vessel to another or the continuous sound of a bell, such a man should be considered as the knower of Vedas.

युद्धतत्त्वेन घी दोष शून्यभेकान्त वामिना । दीव प्रणवमुवार्षे मनोराज्यं विजीयने ॥१॥

5. By the long repetition of OM the knower of the Supremo Reality who is refuged in solitude, overcomes the wandering of the mind due to the taint (of Avidya) in the intellect.

नामाप्रे पुद्धिमारोध्य इस्त पादी च संवमेन् । सनः सर्वेत्र संगृह्य

6. Concentrating on the tip of the mode with hands and feet controlled, the mind withdrawn from all activities, one should meditate on OMKARA, the Pranava.

🗳 इत्येकादर ध्यानात् विष्णुर्विष्णु वमाप्तवान् । द्रह्मा ब्रह्मख्यमापद्यः

शिवतामभवन शिवः ॥७॥

 By the meditation on the mono-syllabled OM, Vishnu attains the status of Vishnu; Brahma attains Brahmanhood and Siva becomes Siva.

DHYANASHTAKAM

:

तज्ञानं प्रशमकरं यदिन्द्रियाणां-तज्ञेयं यदुपनियन्तु निश्चितार्यम् । ते भन्याः भुवि परमार्यं निश्चितेषाः – शेपास्त भ्रमनिलये परिभ्रमन्ति ॥१॥

1. That is knowledge which bestows tranquility on the senses. That, which is established by the Upanishads is fit to be known. They are really the lucky people in this world, who are intent on the realisation of the Supreme Reality. All others are simply wandering in a state of delusion.

द्यादे विक्रिप्य विषयास्मादमाद्दराग-द्वेषादि राषुगादमाहत योगाराख्याः । ज्ञान्वाम्यः समयुक्ता परान्यविद्या-द्वान्वामुना यत्त गृदे विद्यानित प्रस्याः ॥२॥

2. Having at the very outset conquered the enemies like pride, delusion, craving for objects, likes, dislikes and such other enemies, attaining the highest state in Yega having fully experienced the blies of immortality born of the highest Brahma Vidya those lurky born of the highest Brahma Vidya those lurky people move about in their houses even in the midst of the pleasures of family life.

श्यक्त्या गृहे रितिस्रघोगति हेतुमृता-माध्मेच्छ्योपनिषद्धस्याः विकतः । धीतस्युद्धाः विषयभोगपदे विक्ता-धन्याश्चरन्ति विजनेषु विक्तसंगाः ॥३॥

3. Leaving one's own house which is the cause of degradation, induced by the thirst for Atmic knowledge, drinking the essence of the meaning of the Upanishads, free from desire, with extreme dispassion for objects of enjoyments, lucky souls wander in solitude giving up the company of men and all attachments.

स्यक्त्वा मभाइमिति बन्धकरे परेडे-मानायमान सरद्वाः समद्गितम् । कर्तोसम्बम्बसम्य सद्गितिन-कर्तोसम्बम्बसम्य स्वर्णितानि-

4. Lucky indeed are those who having control off the bondage creating ideas of '1' and 'mine', equal in honour and dishonour, perform actions with equal vision, knowing the real doer and offering unto Him all the fruits of their actions.

> स्वक्ष्वैचवा त्रयभवेदितमे क्ष्मार्गी-भैदागृतेन परिकल्पित देदयात्रा.। ज्योतिः परान्परतर्रं परमण्यसर्थ-धन्या द्विता रहित हचवलोकपन्ति ॥१॥

5. Lucky are those Brahmins who having cast off the three desires (of wealth, children

and Heaven), treading the path to Moksha, living on alms to maintain the body. They spend their time in the meditation of the most effulgent and self-luminous Brahman in their hearts.

नामप्र रात सदसत्र महत्र चाणुः – न खी गुमात्र च नर्पुसक्तमेकवीजम् । वै झा तारममञुगासित मेकचिता– चान्याः चिरेत्ररितरे भवपात्रवद्धाः ॥६॥

6. They alone are worthy persons who meditate with one-pointedness on the Brahman who is neither Sat nor Asat nor either, who is neither great nor small, neither male nor female nor a cunuch. Others wander about here and there bound by the strong cords of Samasara.

शज्ञानपंक परिमानमयेतमारे-तुःशानपं मरपाज्ञमत्रशयमवत्रम् । संसार यञ्जनमतित्यमयेष्य प्रत्या-मानारिमना तदवरीयं विनिध्यमिन ॥७॥

7. They alone deserve the praise of all who having found the world (Samsara) to be a great bondage, steeped in ulter ignorance, without any essence, full of miseries of birth and death, cut a under this bondage of Samsara by the strong sword of knowledge of Self.

शान्तेरनन्यमितिमार्गपुर स्वमावै-रेकविनिधित मनोसिरपेत मोहैः । सार्व वनेषु विजितासम्बर्ध्यरूपं शारतेषु सम्यगनिशं विस्तान्ति घन्याः ॥॥॥

8. Those are lucky men indeed who by their peaceful mind determine the one Reality, giving up all attachments, knowing the absolute Reality, wander with good souled Mahatmas drinking the nector of knowledge of Self through the discourses on sacred scriptures.

> श्राहिमिव जनयोगं सन्देश वर्जयेशः-फुल्एमिव सुनारि स्वन्तकामो विशागी । विपमिव विपयान्यो सन्यमानो दुरन्तस्-जयति परमहंस्रो सुक्रि भावं समेति ॥॥॥

9. He who renounces the company of worldly-minded-persons as if a dwelling place of serpents, deserts the company of even the most beautiful lady as if she were a corpse, leaves off the enjoyment of the sense objects as if poison—such a Paramahamsa attains liberation. Glory to Him! Victory unto Him!

सम्पूर्णं जगदेव नन्द्रगवर्भं सर्वेदेवि कव्यद्रमाः १ गोगं वारि समस्तवारि निवहाः पुचपाः समस्ताः क्रियाः ॥ वाच: प्राकृतसंस्कृताः थुति शिरो वागणमी मेरिनी-सर्वावस्थितिरस्य वस्तु विषया.रप्टे

. परद्रहरिय ॥ १०॥ -

10. The whole world is Nandanavana, all trees are Kalpaka (wish yielding) trees, all waters the waters of the sacred Ganges, all actions pure, words vulgar or wise the highest truth (the head of Sruti). This is the realisation of one who has realised the Brahmic splendour.

DAKSHINAMOORTY STOTRAM

विश्वं दुर्वेश रूरवमान नगरी तुर्व्यं निज्ञान्तर्गतं-प्रवद्यास्मिन मायया वहिरिवोद्धतं वयानिद्रया । यः साषाकुरनेत्रयोध समये स्वापनमेवाद्वयं-सम्म थी पुरस्तेषे नम इदं श्रीद्रिशामृतीये ॥१॥

1. Who, on account of the delusion existing into self, sees, as if in a dream, the universe as existing outside himself although it really exists within himself like the reflection of a city in a mirror, but who, at the time of the enlightenment, sees nothing but his own non-dual self—to that Teacher incarnate Lord Dakshinamoorty, be this bow.

वीजस्वान्तरिवाजुरी जागदिर्द आरु निर्विक्य पुनः। साया कविवत देश काल कलना वीष्य चित्रीकृतम् । सायावीय विजुक्तस्यविष्य महा-योगीययः स्वेचद्वान-सस्त्रे सी गुरुस्वेचे नार दुव श्री दविवास्त्रन्ते ॥२॥

2.Who, like a juggler or like a masteryogi, creates by his own will, this universe which at the beginning was unmanifested like the sprout hidden in the seed but which subsequently became differentiated under the various conditions of space and time caused by the power of Maya, to that Teacher incarnate, facing the south, be this bow.

- गरीव स्फुरणं सदासकमसत्कल्पार्थकं भारति । साजानत्वमसीति वेदबबता यो बोधपायाशिकात् । यक्तपालकावादतिक पुनरावृत्तिभंवासो निश्वो । तस्मै श्रीगुरुमृति नमदृतं श्रीदिचणामृत्वे ॥३॥
- 3. Whose light alone which is real, illumines things of this universe which are but mental sereations; who directly instructs His refugees by the great Vedic sentence "That thou art"; realising which alone there is no more coming the property of the sentence of the property of the prop

नानास्विद्वपटोदरस्थित महावीपप्रभाभास्वरं-ज्ञानं यस्य तु चत्वसर्विद्वरणद्वारा बहिस्यन्दरें। ज्ञानामीति तमेनभान्तमतुभाष्येतस्वसस्यं ज्ञात्-तस्मे थी गुरुमूर्ववे नमदुर्वं श्रीदिखामूर्ववे ॥॥॥

4. Whose light of knowledge flows out through the eye and other senses like the light of a lamp placed inside a pot having many loles, and by that consciousness of 'I know this whole universe appears to shine—to that Teacher incarnate facing the South, be this bow.

देहप्राण्यमपीन्द्रयाययपि चलां तुद्धि च सून्यं विदुः -श्रीवासान्ध्रप्रदेशयाम्बद्धिति सान्तः स्ट्रांबादिनः । माषाशदिविकान्ध्रितन्ते महान्यामोह मंहारिये सम्मे श्री सुरुसूर्वये नम हुदं श्रीद्विष्णसूर्वये ॥१॥

5. Deluded persons who vainly argue, who are as ignorant as women and children, who are blind and stupid, understand the body, breath or senses, or the ever newly springing knowledge, or nothingness as the real 'I'. To Him who removes this great ignorance caused by the expansive power of illusion, to that Teacher incarnate, Lord Dakshinamoorty, be this box.

राहुमन्दियाकरेन्द्रुम्दशी माया शमाच्छादनान्-सन्मात्रः करवोषमंदरखर्ता चोऽसूत्युप्तः शुमान् । प्रतारश्चपमिनि प्रवोष समये यः प्रत्यभिज्ञावने-ससी धौगुरम्त्वेये मम प्रदे धी दक्षिणामृत्ये ॥६॥

6. Who is the inner Self which, under the veil of Maya, like the sun or the moon eclipsed, merely exists in deep sleep owing to the withdrawal of the senses, but who when he awakens recognises himself as "I have slept"—to that Teacher incarnate facing the South, be this bow.

वाल्यादिश्वपि जामरादिषु तथा सर्वास्तवस्या स्वपि-ध्यावृत्तास्वतुवर्तमानमहित्यग्वरपुरस्यं सदा । स्वास्मानं द्रकटो करोतु भवतौ योसुद्रया भद्रया-तासै क्षीसुरमूर्तये नम इदं वीदिस्यामुर्वये ॥॥॥ 7. Who reveals to his devotees, by means of the blessed symbol, His own Self, which for ever, shines within as the 'I' unchanging through all the changing states of childhood, youth and old age, waking, dream and sleep etc.,—to that Teacher incarnate, Lord Dakshinamoorty, be this bow.

विश्वं परयति कार्यकारणतया स्वस्तामि संवन्धतः शिप्ताणार्यतया तमेव विवयुत्राचातमना भेदतः । स्त्रमे जाप्रति या य एय पुरुषो मायापरिक्रामितः – तस्मे श्री गुरुमृत्वेये नम दुर्च श्रीदिण्यामृत्येये ॥दा॥

8. Who is the Supreme Self that dreaming or waking, under the sway of illusion, sees the Universe under various distinctions like that of cause and effect, owner and owned, disciple and preceptor, father and son etc—to that Teacher incarnate facing the South, be this bow.

भूरंभास्यनलोऽनिलीवरमहनीयो हिमांद्य पुमान् । इत्वाभाति यराचरारमकमिनं यस्यि मृत्येष्टकम् । नान्यक्षिपत विद्यते सिह्मराती यस्मात्यस्माद्विभो-सस्मे भी गुरम्केये नम इप 9. Whose eight-fold form alone, earth, water, fire, air, ether, run, moon and soul manifest itself as this moving and unmoving universe; than whom, supreme and infinite, nothing else is perceived by the seekers of Truth—to that Teacher incarnate, Lord Dakshinamoorty, be this bow.

सर्वात्मयमिति स्तुती कृतमिनं यसमाञ्जाप्तस्यवे – तनस्य श्रव्यात्त्रपायंत्रमनाञ्चात्रास्य सन्दर्भतितात् । सर्वात्रमत्यमहाविन्नति सहितं स्वादीश्वर त्यं स्वतः विरुपेशस्यात्रस्या परिवातं वैश्वयात्रस्या परिवातं

10. Since, in these verses, the identity of the Self with the universe has been made clear, one will attain Supreme realisation of identity with the Universe, together with the Lordship of nature and the eightfold Divine power by listening to it, by understanding its meaning, by mediating on it, and by teaching it to others.

HASTAMALAKA STOTRAM

Hastamalaka was born as the son of a Brahmin Prabhakar by name in the village called Sreebali in South India. He was very midfferent to all worldly affairs from his very boyhood. He behaved like one who was dumb and deaf. Once when Sri Sankara-charya visited this place with his followers. Prabhakar took his son Inastamalaka to him son and Prabhakar from his feet and when a questioned the latter said as below:—

"O Venerable Sage! This son of mine is mute and indifferent to all affairs from his very boyhood. He is now 13 years old. He understands none of our talks nor he takes any interest in them. He has not studied any scripture and the Vedas fit to be studied by a Brahmin. He knows not even the alphabets. With great difficulty I performed his thread celemony. He never goes to play with his playmates. Observing his indifferent nature his friends sometimes beat him but he never becomes angry. He sometimes takes food, at other times he does not. But he is happy and cheerful always. What is his dull state of mind due to? Pray save my child!"

In reply Sri Sankara put the following questions to the boy. The reply given by the learned boy is incorporated in the Stotra named after the boy "Hastamalaka Stotra". He was neither mute nor dumb; he was a fully illumined Gyani and a Jivanmukta.

कर्त्य शिर्ता ! यस्य कुर्ताऽमि गनता~ कि मामनेग्य तुत कागताऽमि । एनस्मयोवतं पद चार्यक ! ग्वं~ मध्यीतये प्रीति विविधनोऽसि ॥१॥

1. O Beloved child! Who art thou? Whose son art thou? Where do thou goest? What is thy name? Wherefrom do thou comest? For my sake please give me reply to my queries. Thou art very dear unto me.

> नाई मनुष्या न च देवचधी--न प्राह्मण चित्रववैरयसूद्धाः १ न प्रह्मचारी न गृही चनस्यी--भिन्न ने चाई निजवोधस्यः ॥२॥

2. I am neither a man nor a Deya, nor a Yaksha (superhuman being); nor a Brahmin, a Kshatriya, a Vaishya nor a Sudra. I am neither Brahmachari (celibate), a householder, a Vanaprasthi (one leading a forest life prior to renunciation) nor a Vikshu (mendicant). I am nyself the Eternal Self-knowledge.

निमित्तं मनश्रवुसदि प्रकृती-निरस्तासिकोपाधिराकाशकल्पः । रिवासिकोपाधिराकाशकल्पः । स्वित्योपनोधिस्वकर्षाऽहमास्मा ॥३॥

3. I am Atman, the embodiment of Eternal Self-knowledge, free from the limiting adjuncts of ether etc., who induces the mind and senses to function just as the sun induces people to do their various duties.

यमन्तुरण्विशिष्य-बोधस्यक्ष्पं-मनव्यप्राश्नेत्ययोधास्यकानि । प्रवर्तेन्त्र चाक्षिरय निर्द्धपर्मेष्ट-म निर्द्धोणकध्यिस्यरूपंऽद्दमात्मा ॥४॥

4. I am Atman, the embodiment of Eternal Self-knowledge, the changeless, whose nature is pure consciousness just as the nature of fire is heat, depending on which the gross mind and the senses perform their respective functions.

मुलाभावको द्वीचो दरवमाती-मुरावाल्यकृत्वेन नैवालु वस्तु । चिद्याभासको चीतु क्षोचोदि बद्दव्-स निर्वावस्थित स्वरूपांद्यमात्मा ॥१॥

5. I am Atman, the embodiment of Eternal Self-knowledge. Just as the reflection of the face in the mirror is no other than the face itself, even so the Jiva is no other than Atman reflected on the Buddhi or intellect.

यथादपैणाभाव श्रामासहानी-मूरा विद्यते कतपनाहीनमेरम् । नथा धांतियोगे निग्नशसको यः

सनित्योपलच्चिस्यस्पोऽहमारमा ॥६॥

6. I am Atman, the embodiment of Eternal Self-knowledge, who exists even when the Buddhi or intellect does not exist just as the face exists in the absence of the mirror and the reflection seen in it.

> मनब्रद्धरादेवियुक्तः स्वयं यो, मनश्रमुरादेः मनश्रमुरादिः। मनश्रज्रादेरगम्य-स्वरूपः, म जिल्वोपलस्थिस्वरूपोऽहमात्मा ॥७॥

7. I am Atman, the embodiment of Eternal Self-knowledge, who is beyond the mind and

the senses, who is the mind of the mind, eye of the eye, etc., who is not approachable by any of these.

य पूर्वा विभाति स्वतः शुद्धचेताः, प्रकाशस्वरूपोऽपि नानेव धीपु । शराबोदकस्यो यथा भानुरेकः – स नित्योपलव्धिस्वरूपोऽहमातमा ॥=॥

8. I am Atman, the embodiment of Eternal Self-knowledge, who is ONE and shines by His own light; the one who illumines the various intellects just as the one sun is variously reflected in different pots of water.

यपाऽनेकचचुःप्रकाशो रिवर्न -क्रमेण प्रकाशी करोति प्रकारयम् । श्रनेका थियो परतयैकः प्रयोजः, स नित्योपलब्धिस्यक्ष्पोऽहमास्मा ॥६॥

9. I am Atman, the embodiment of Eternal Self-knowledge, who illumines all the intellects at one and the same time like the sun which gives light to all eyes at a time and not one by one.

विवस्वद्यभातं यथास्थमणंप्रगृह्याति ना भारतमेवं विवस्वान् १
यदाभात प्रामासवश्यक्षमेकः,
स निरयोवसञ्जि स्वस्योऽहमाध्या ॥१०॥

10. I am Atman, the embodiment of Eternal Self-knowledge, depending on whose light the eyes get the power of seeing other objects just as at the rising of the sun we perceive outside objects and not otherwise.

स्थिरास्वय्यनम्यद्विभाव्य स्वरूपः । चलासु प्रभिन्नः सुधीच्वेकपूष-म निखोचलिऽस्यकपोऽहमान्मा ॥११॥

11. I am Atman, the embodiment of Eternal Self-knowledge, the one without a second, who illumines the intellects both steady and unsteady, just as the one sun is seen reflected differently in both steady and unsteady waters.

धर्नव्यव्यव्यविधंनव्यव्यवस्यः -यथा निष्यभं मन्यते चानिसृदः । तथा यद्रवद्राति यो सृदर्षेः,

स नियोपलविधम्बस्पोऽहमामा ॥१२॥

12. I am Atman, the embodiment of Eternal Self-knowledge, who appears to be bound to one of dull intellect just as the sun which is covered by the clouds is understood to be without brightness and lustre by the foolish.

> समरनेषु यस्तुष्यनुस्यूतमेकं-समस्तानि यस्तृनि यं न श्वरान्ति । वियद्वसम्य राद्यमण्डस्यरूपः-स नित्योपलन्यिर्यरूपोऽहमागमा ॥१३॥।

13. I am Atman, the embodiment of Eternal Self-knowledge, who is ever pure and untainted like the Akasa (ether), the one Self-who permeates all objects whom the objects cannot touch or taint by their contact.

उपाधी यथा भेदता सन्मर्शानां-तथा भेदता बुद्धि भेदेषु तेऽपि । यथा चन्द्रिकायों कले चन्नलतां, तथा चन्नलरां तथापीड विष्णो ॥१४॥

14. Just as the difference between the various gems (precious stones) arises due to their peculiarities (in colour and shape), so also the Atma is seen separate by the difference of the Upadhi (limiting adjunct). Just as the

waters in the same way, O Vishnu, thou appearest different (in different Upadhis).

(In reality thou art one, ever pure and changeless.)

VIGNANA NAUKA

सपोयज्ञदानादिभिः शुद्धबुद्धिविरस्तो-भृषादी पदे गुच्छ बुद्धा । परित्याय सर्वे यदामेति तत्वं-परंबद्ध-नित्यं नदेवाहमस्मि ॥१॥

 I am that Eternal Tattwa the Supreme Brahman, which is attained by one who has got a pure intellect acquired by means of austerities, sacrifices and charities, etc., and who has renounced kingship, etc., as worthless.

दबालुं गुरुं मक्षनिष्टं प्रशान्तं
समाराष्य सरवा विचार्यं स्वरूपम् ।
यदामोति तस्त्रं निदिष्यास्य विद्वान्यरं
हहा निष्टं तदेशहमस्म ॥२॥

2. I am that Eternal Tattwa itself, the Supreme Brahman, which is realised by a man of gnosis by constant and deep meditation, through the worship of the compassionate, self-subdued and Brahmanishta Guru (the destroyer of ignorance), and through discrimination of his real Nature (Swaroopa).

> यदानन्दरूपं अकाशस्त्ररूपं-निरस्तप्रपत्ने परिच्छेदशून्यम् । स्वदं ब्रह्मसूच्येक गम्यं नुरीयं-परं ब्रह्म नित्यं तदेवाहमस्मि ॥३॥

3. I am that Supreme, Eternal Turiya Brahman who is comprehensible to Aham Brahma Vritti (the Vritti caused by devotional, long and uninterrupted musing over the meaning of the Mahavakya Aham Brahma Asmi), who is devoid of the three Parichedas (time-limit, space-limit and Vastu-limit) who is bereft of Samsara and who is Chidananda.

यदगानतो भाति विश्वं समस्तं-विनष्टं श्वसको यदारमप्रवेषे । मनोवागनीतं विशुद्धं विसुक्तं-परं ब्रह्म नित्यं तदेवाहमस्मि ॥५१३

4. I am that supreme Brahman, the Eternal Tattwa, which is Vishuddha (pure), which is Vimukta (liberated), which is unintelligible to mind as well as speech. It is on the flawn of His Swaroopa Gyana this entire universe ceases to exist.

निषेचे कृते नेति नेतीति वाण्यै. — समाचिरियतानां यदा भाति पूर्णम् । स्रवस्थात्रयातीसमेकं तुरीयं— प्रं व्रह्म निर्द्यं तदेवाहमस्मि ॥२॥

5. I am that Turiya, the Supreme and Eternal Brahman who shines in full form to one who is in Samadhi, on eliminating this visible universe (consisting of body, senses, Pranas mind etc.) by Neti Neti Vakyas (not this, not this) and who is beyond the three states (waking, dream and sleep).

यदानन्दलेशैः समानंदि विश्वं-यदा भाति सत्ते तदाभाषि सर्वम् । यदालोचने रूपमन्यतमस्तं-परं वहा निर्णं तदेवाहमस्मि ॥६॥

by an iota of whose Ananda the entire universe enjoys Ananda; that on the Existence of which everything else exists, that through the Vision of which everything else is perceived.

> खनम्बं विश्वं सर्वयोति निरीहं-शिवं संग्रहीनं यहाँकारगम्यम् । निराकारमञ्जूञ्जलं मृत्युहीनं-परं व्रक्षा निर्णं सहेवाहमस्मि ॥०॥

7. I am that Supreme Brahman, Eternal, who is condless, who is All-Pervading, who is the seed of all beings, who is desureless or effortless, who is auspaciousness (Siva), who is without any contact, who is attainable by OM, who is formless, who is effulgent and who is deathless.

यशनन्द्र सिन्धी निमानः पुमानस्या-द्विदाविकासः समस्त प्रपन्नः । यदा न स्कुरस्यञ्जुनं यक्तिमिन्नं-पर्र यस्त निन्यं सदेवाहमस्मि ॥=॥

S. I am that Supreme Eternal Brahman; I am that wonderful Being; in whose bliss a man who is immersed loses all cognition of the manifold objects of this universe caused by Avidya.

> स्वरूपानुसंघानरूपां स्तुति-यः पठेत्राताम् भक्रिभावो सनुष्यः । श्र्योतोह् वा नित्यसुयुग्व विसो-भवेतिनगराश्रेव चेत्र प्रसाखारा ॥३॥

9. A man who recites, with great reverance and devotion, this song of praise characterised by the scrutiny of Swaroopa or hears always with rapt attention, doubtless becomes Vishnu in this very birth. This is vouchsafed by the Vedas.

> विद्यान नापं परिगृद्ध कश्चित-रेवर् ज्ञानसपं भवाज्यिम् । ज्ञानासिमा यो हि बिष्ड्य एष्णां-विष्णोः परं याति स एव धन्यः ॥१०॥

10. Keeping hold of the boat of Vignana, having cut asunder the bond of desires by the sword of knowledge, he who crosses the ocean of Samsara and reaches the abode of Vishnu, he alone is fit to be adored.

PARA PUJA

चन्द्रदे महिदार्थदे निर्देशकोड कवियो । विकेशिकोच महिश्मन्-कर्ण प्रसादिकोचने स्वरस

1. How can worship be done of that Being who is without parts, who is Existence Consciousness and Blass Absolute, without changes (Vikalpa) and without duality?

> न्योग्यापाडमं नुष्य सर्वोधारम्य चामनं । स्टब्स्य पाद्यस्यं च-स्टब्स्याचमनं नुत्रः ॥२॥

2. Where can one invite Him who is All full (Avalum)? Which seat is to be offered to Him who is the seat and support of all? How is it possible to offer Arghya. Padya, Achamana (purificatory Krayas of worship performed with water) to one who is ever pure?

निर्मलम्य कुत्रः श्नामं-यस्त्रं विश्वोद्दरम्य च । क्षांत्रम्य स्वर्तेण्यम्, कुनम्बस्योपवीतकम् ॥३॥ स्वयं मकाराश्चिद्रपो-योऽसावकीदि भासक ॥६॥

6. How can one offer Tambula (betels) unto Him who imparts bliss to all beings, who is consciousness and self-luminous, who imparts light to sun and other objects.

प्रदृष्टिया धनन्तस्य द्वाद्वयस्य कुतो नति. । वेद् याज्येरवेदास्य-वतः स्तोजं विधीयते ॥॥॥

7. How can one go round Him who is ondess, and how to prostrate unto Him who is One and devoid of duality? Of Him no praises are possible whom the four Vedas themselves fail to amply describe.

स्वयंप्रकाशमानस्य~ कृतो भीराजनं विभो.। धन्तवंशित्र पूर्णस्य-कथमुद्दासनं सर्वेत् ॥=॥

8. How can Neerajan (waving of camphor etc.) be done unto Him who is Self-luminous, and how can one replace (Udwahan) Him to His original seat who is All-full and All-pervading?

एवसेय परा प्ता सर्वोदस्यामु सर्वदा । एकवटना त देवेशे-विधेया बहाविनसे: ॥६॥ This Para Puja should be done by all seekers of Brahman always and at all times with a devoted and one-pointed mind.

(Note:— Arahan Assa, Padya, Arghya, Achaman, Sana Vastran, Upavita, Gandba, Pushpa, Aisaharam, Dhoopa, Deepa-Aradhan, Nastredya, Tambulam, Pradakathan, Stotta, Kinsjana, Udvahana are the various acts of worship to personal Gods. The Purport of the above Stotta is that these are not presuble to the one non-deal Brahman The Supreme Self should be understood in the light of the above by all seckers of Brahman)

AKHANDA BRAHMA STOTRAM

स्थानं न यानं नच बिन्दु नादं-रूपं न रेगा नच धानुवर्गम् । दर्पं न रष्टं श्रवदां न श्राप्यं नस्मै नमो महा निरंजनाय ॥१॥

 Be this bow to that Niranjana Brahman who has neither any abode to live in nor vehicle to ride on, who is neither the sound nor the centre, neither form nor any line of demarcation, neither the vitality nor the colour, neither the sight nor the object to be seen, neither hearing nor the object to be heard.

> ष्टुवान मूर्लन चपक्षि प्रत्यं-पुष्पंन गन्धंन फलंन छाया। रूपंन रेखान रमादि रूपं ससीनमो सहानिरंजनाय॥२॥

 Be this bow to that Niranjana Brahman who is neither the tree nor the root, neither the foliage nor the leaves, neither the flower nor the scent (thereof), neither the fruit nor the shade, neither the form nor the demarking line, neither Rasa nor the form.

> शास्त्रं न बेर्द्र न च शीचसम्भ्या मन्त्रं न जाप्यं न च ध्यान ध्येयम् ।

होमं न यज्ञः न च देव पूजा तस्मी नमो बह्य निरञ्जनाय ॥३॥

3. Prostrations to that Niranjana Brahman, who is neither the holy script nor the Vedas, neither purity nor the Sandhya, Neither Mantras (the chanting hymns) nor Japa, neither meditation nor the object of meditation, neither offering nor the sacrifice, neither gods nor the worship.

नाडघो न ऊर्बे. न शिवो न शपिवः न पुमां न नारी न लिंग मूर्तिः । मह्मा न विण्यु न च देवस्त्रः सस्मे नमो ब्रह्म निरंजनाय ॥४॥

4. Be this bow to that Niranjana Brahman who is neither below (downwards) nor above (upwards), neither self nor energy, neither man nor woman without any symbol, whatever, neither Brahma nor Vishnu, and neither Rudra nor Gods.

श्रस्तवर्द्धं न सवदं न स इन्द्रद्दर्द्धः े कालो न जीवो न गुष्ट्रॉशिय्यः । गृहु न तारा न च मेघमाला मधी नमो महा निरञ्जनाय ॥१॥

5. Be this bow to that Niranjana Brahman, who is neither the whole nor the part, who is not even the sceptre of Indra, neither who is not even the sceptre of Guru nor a time (Kala) nor Jiva, neither Guru nor a

disciple, neither planets nor the stars nor the waves of the clouds.

क्षेतं न पीतं न च कृष्यास्त्रतं , हेर्मं न रीप्यं न च स्वर्धवर्णम् । चन्द्रार्ववद्धिः उदयो न स्वरतं तस्में नभी सहा निरक्षनाय ॥६॥

6. Be this bow to that Ninanjana Brahman who is neither white nor yellow; neither black nor red, neither gold nor silver, nor of the golden colour, neither the rising nor the setting of the moon or the sun or the fire.

स्वर्गे न पट्टे भगरे न ऐन्ने जातिर्नर्तार्त न च भैद्रभिग्रम् । नाई न च खँ न प्रथक् प्रयक्षे तस्मै ममो ब्रह्म निर्देजनाय ॥०॥

7. Be this bow to that Xiranjana Brahman who is neither in heaven nor in hell, neither in cities nor in fields, neither within the caste nor outside the caste, neither the difference nor anything different, neither 'I' nor you, and neither separated nor separateness.

ग्रम्मीर घीर निर्वाण मृत्यं संसार सार म च पाप पुरुषम् । स्यक्ती नाम्यक्तं न च मेद भिन्नं सर्वे नमो महा निरंजनाय ॥=॥ 8. Be this bow to that Niranjana Brahman, who is ever serene, firm, liberated and void, who is but the Essence of the Universe, free from sins and virtues and who is neither manifested nor unmanifested.

वेदा न लोका न सुरा न यदा यर्षाश्रमो नैव कुलं न जातिः । न प्रश्नमार्गे न च दीवि मार्गे अह्यैभ्य रूपं परमार्थ तत्वम् ॥६॥

9. Be this bow to that Lord, the Brahman, who is neither the Veda nor the Loka, neither Gods nor sacrifices; neither the path of smoke nor the path of light. He is but one Brahman, the Supreme, the divine Truth of Reality.

मूर्व्योऽपि नाहं न च पण्डितोऽहम् भीनं न वार्ता न चमे कदाचित् । यितकं सकं न कमं नदागिन स्वस्पनिर्वाचमना मयोऽहम् ॥१०॥

10. (Likewise) I'am neither fool nor am I a Pundit, for I never have silence nor any discourses; how am I to reason or to dispute? I am ever free from all diseases (hale and hearty), and absolutely free in my own Swaroopa.

न ते च मातान पितान यन्पुः म ते च पत्नीन चशप्रुमित्रम् ।

न पच्यातो न विपचपात. कथं हि तसो न च कामकापि ॥११॥

11. (So also), Thou hast neither the mother, the father nor the brother, nor hast thou the wife, the enemy nor the friend, thou hast neither partiality nor impartiality; then how can thou either be satisfied or be full of desires?

> जितेन्द्रियोऽहं स्वजितेन्द्रियो वा न संयमो मे नियमो न जात.। जयाजयो मित्र क्ये पदासि स्वरूपनियोण सनामयोऽहम् ॥१२॥

12. I am neither the master of the sences nor the slave of the senses there are no rules that bind me: I have not to observe the restrictions for Samyama (Control), how can there be victory or defeat in me, dear friend, I am the diseaseless Immortal Swaroopa or the Self.

> शिवं न जानामि क्यं वदामि धर्म शिवधेत्यसमार्थतत्वम् सत्वस्वभावः शवनोपमोऽहं~ जानामृतं ग्रहमनीत्वियोऽहम् ॥१३॥

13. I do not know what is auspiciousness; how can I describe it when I am myself auspiciousness (Siva). My nature is Truth, I am like the pure Akasa (ether), I am Knowledge. Immortality, ever Pure and bevond the senses.

ध्रतन्त्ररूपं म हि वस्तु किश्चित् तत्त्रस्त्ररूपं म हि वस्तु किश्चित् । श्रात्मस्त्ररूपं परमार्थं तत्त्वं

न हिंसको बापि न चार्प्याहिसा शा शा। 14. None of these endless objects exist

in reality, the supreme reality is no particular object, Atmaswaroopa (the Supreme Brahman) alone is the Truth; there is neither wickedness nor non-injuring (from the absolute point of view).

मनोविनाशाच तु नेव शुद्धम् । गुरूपदेशाच तु नेव शुद्धं स्वयं च तत्त्वं स्वयमेव शुद्धम् ॥११॥

15. It (the Atman) is not purified by the Shad Kriyas of Yoga, it is not purified by the destruction of the mind, it is not purified by the advice of the Preceptor, the Supreme Tattwa (reality) is pure by itself.

CHAPTER X

MANGALAM

MANGALA STOTRAM

ष्यसभानि निराचछे तनोति सुभसन्ततिम् । स्मृतिमात्रेण् यर्षुसां-व्या तन्मंगलं विद् ॥१॥

 That Brahman, who by the very thought of Him destroys all inauspiciousness and miseries and bestows a continuous stream of joy and happiness in men, is itself Supreme Auspiciousness.

> श्रतिकज्याणसंस्ववत्तात्-नित्त्वकत्याणसंश्रवात् । स्मर्रेणां वादग्वाच-वस तन्सालं विद्र ॥२॥

2. The knowers of Brahman regard Brahman as All-auspiciousness because it is of the form of auspiciousness and is always connected with anspiciousness, and also because it gratifies the desires of those who think of it.

> कॅकास्त्रापराज्दश्च द्वाचेती प्रहाणः पुरा । कच्छं भिन्या विभिन्नांती-सस्मान्याद्वस्थिकावुमी ११२११

3. "OM" and "Atha" were the first two notes that issued forth from Brahma's mouth (throat—at the time of creation), therefore these two are very auspicious.

चय के श्रम के श्रभ के मंगलं श्रम्मद्गुरूणाम् । मंगलं से शम्मु-सर्वेषां मंगलं भवतु ॥

4. "Atha OM; Atha OM; Atha OM" be our chant. Let auspiciousness be unto our teachers, and let auspiciousness be unto one and let auspiciousness be unto one and all.

के सर्वेषां स्वस्तिभेततु । सर्वेषां शामिनभेवतु ॥ सर्वेषां पूर्वं भवतु । सर्वेषां संगर्वं भवतु ॥

5. May prosperity be unto all!
May peace be unto all!!
May fullness be unto all!!!
May auspiciousness be unto all!!!!

MANGALAM

वारमीकि सनक सनन्द्रनतरु व्यासो वसिष्टी छगु-जीवानिजंत्रद्रितक्ष्य जनको गर्गोऽद्विरा गीतमः। सारपाता त्रातुपर्वावैन्यसगरा धन्यो दिर्वापोनलः.--पुरुषो धर्मसुको गयाति महुषी कुर्वन्तु नो संगलम् ॥१॥

1. May great Rishis and sages like Valmiki, Sananda, Vyasa, Vasishtha, Bhrigu, Jabali, Garga, Angiras, Prilhu, the son Dharmoputra.

> प्रक्रावेदपति. शिव. पशुपति सूर्यंश्र चहुस्पति. -शक्ते देवपतियंमपितृपतिः स्कन्दश्च सेनापति. । पद्मोवित्तपतिहरिश्च ज्ञातो वायुः पतिः प्राधिना-सिरवेते पत्नमः समेवः सततं कुर्यंन्तु नो संगत्नम् ॥२॥

 Brahma the Lord of Vedas, Siva the Lord of Jivas, Sun the Lord of light, Indra the Lord of Devas, Yama the Lord of the departed souls, Skanda the Lord of armies, Yaksha the Lord of wealth, Hari the Lord of this world, Vayu the Lord of all beings,—May all these bestow on us auspiciousness.

> प्रह्लादनारद पराशर पुण्डरीक-स्यासाम्बरीपसुकशोनक भीष्मदालम्थान् ।

रूग्मांगरार्तुन विश्वष्ट विभीषणादीन् पुरुषानि सान् परमसागवनानस्यरामि ॥३॥

3. I remember the holy devotees like Prahlada, Narada, Parasura, Fundarika, Vyasa, Ambarisha, Suka, Saunaka, Bhishma, Dalbya, Rugmangada, Arjuna, Vasishtha, Bali, Vibbishana and others. (May they inspire me.)

> स्वस्ति प्रजास्यः परिवालयन्तां न्यायेखमार्गेण सर्ही महीताः । गोप्राह्मकेष्य गुममस्तु निष्यं लोकाः समस्ताः मुस्तितो भवन्तु ॥४॥

4. May the kings rule the earth justly and protect the people giving them justice! May good befall cows and Brahmins! May the people of the whole world be happy!

> काले वर्षेतु पर्जन्यः गृथ्वी मस्वशालिमी । देशोऽयं चोभरहितो झाहावाः मन्तु तिर्मेवाः ॥१॥

5. May rains fall at the proper time! May the earth become the most fertile one! May the country be free from famine! May the Brahmins become fearless and rest peacefully!.

मर्वे भवन्तु सुरितः . सर्वे सम्त निरामयाः ।

सर्वे भद्राणि परयन्तु मा कश्चिद्दुःख भारमवेत ॥६॥

6. May all become happy! May all he healthy and free from diseases! May all see good only! Let no one undergo any suffering!

Hari Om Tat Sat! Om Santi! Santi!! Santi!!!

SAMKIRTAN YOGA TWO PARTY DHWANIS

Govinda Govinda Gopala Rama Gopala Govinda Rama Rama Rama	(one party) (other party)
Gopala Gopala Gorala Rama Rama Rama Hare Hare	(one party)
Hare Krishna Hare Krishna Krishna Krishna Hare Hare	(other party)
Sunaja Sunaja Krishna	one party)
Dekkaja Dekkaja Krishna Dekkaja Dekkaja Krishna	(other party)
Tu Madhuriki Mahadeya	(other party)
Bum Bum Bum Bum Sadasiva Hara Hara Hara Hara Sadasiva	(one party)
Hara Hara Hara Hala	(other party)
	(other barry)
Me arza Karkar Bhajo Brindayana	ajo (one party)
Radhe Govinda Bhajo Radhe Govind	o (other party)
Radhe Govinda Bhajo	(one party)
	(other party)
7. Hare Krishna Hare Ram Radhe Krishna Radheshyam	(one party)
Radhe Krishna Kadate	(other party)
8. Gopia Vallabha Radhe-hyam	(one party)
	(other party)
trishna	(other lands)
	(one party)
an taking Muran	(other farry)
Girivar (dir to	
II. Anjaneya (one party) Soor	-

12 Sita Sita Ram Bolo (one party) Radhe Radheshyam Bolo (other party) Patita Janako Kato Punita (one party) 13. Hey Rama Seeta Hey Rama Seeta (other parts) Sitaram Sitaram Sitaram Jeva Sitaram (one parts) 14. Radheshvam Radheshvam Radheshvam Jeya Radheshyam (other parts) Hari Hari Japua 15 (one party) Aur sab Swapna (other party) Guru Guru Japna (one parts) Aur sab Swapna (other party) 16. Bhajo Radhe Krishna (one party) Govinda (other party) Bhajare Bhayya) Govanda (Govinda (Aug Prare Milker Gawo 1 Govinda (.. .. Prabbo Praseeda) Govinda (•• Krishna Murari 1 Govinda (.. •• Giriyaradhari) Govinda (Deenanatha

) Govinda (.. .. Apadbandhaya (..) Govinda (Ram Krishna Govinda 17. (one party) Radhe Govinda

(other party)